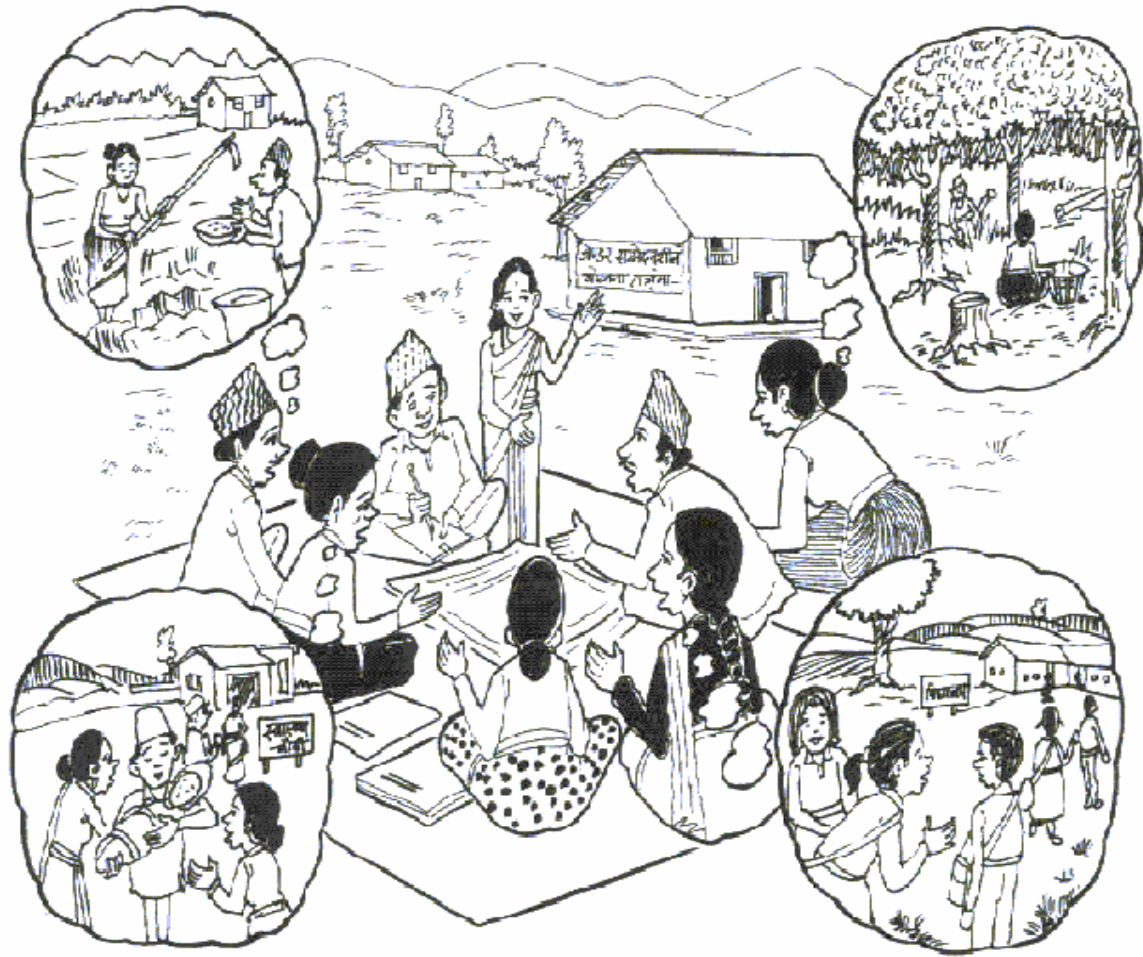


Training Package # 3

Gender Responsive Community Development

Training Module 1

Gender Responsive Project Planning and Monitoring

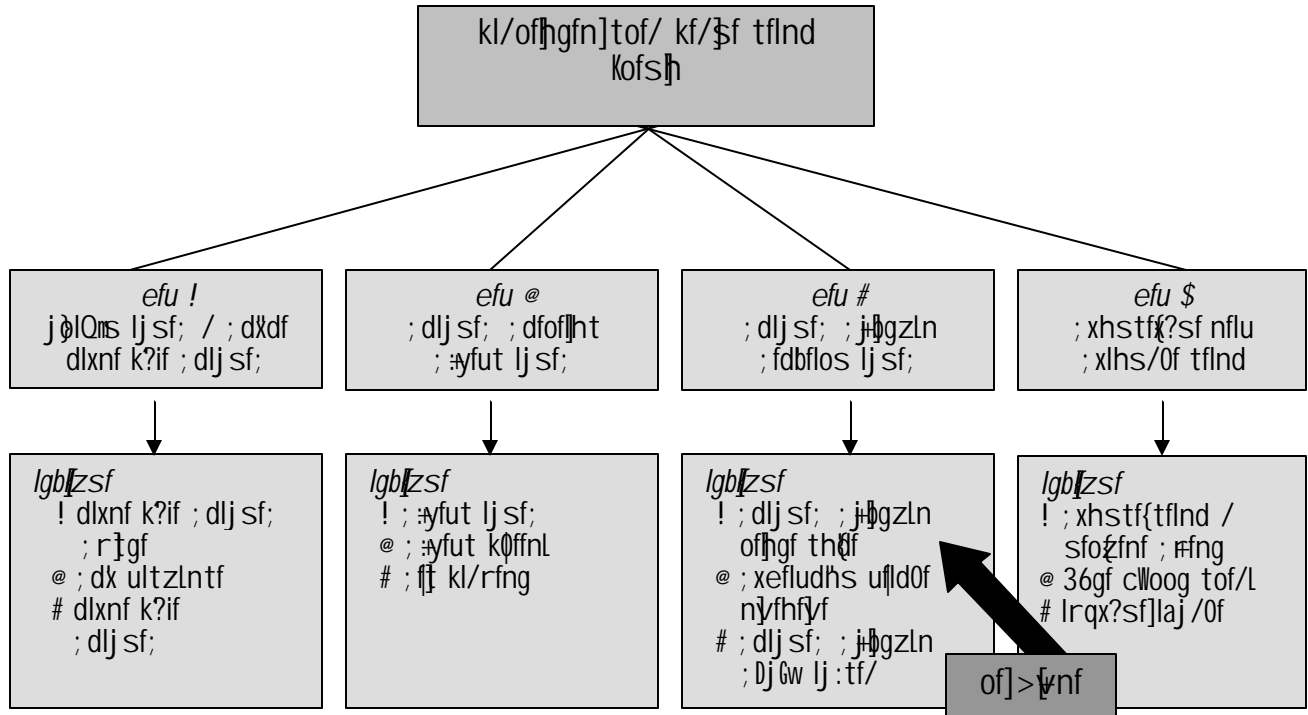


Sofg8f gkfn dlxnf k?if ; dfgtfsf]nflu ; yfut ljsf; kl/ofhgf
SofglBog cft/f(i6 ljsf; lgof]sf]; xof]df

; dlj sf; ; jhgzn ofhg th / cgludg lgbzsf jf/df

kl/ro

of]lgbzsf Sofg Bog c&t/f(60 lj sf; lgoft (CIDA) sf]; xofudf ; ~rflnt dlxf k?if ; dfgtfs] nflu ; yfut lj sf; kl/ofhgfn] tof/ kf/] tflnd kofsh >vnf dlo]Ps xf]. ; xeful ; yfx?sf] lfdtf clej [4 u/L dlxf k?if ; dlj sf; ; f] ; yfs}?kdf lj sf; ug]p2]onf0{; d] of] tflnd kofsh tof/ ePsf]5 .



tflnd kofshnf0{ dVo rf/j6f efux?df lj eflht ul/Psf] 5 . x/] efudf tlg jf tlgebf a9L lgbzsf? 5g\

- efu ! M j]loms lj sf; / ; dxdf dlxf k?if ; dlj sf;
- efu @ M ; dlj sf; ; dfoflnt ; yfut lj sf;
- efu # M ; dlj sf; ; jhgzn ; fdbfos lj sf;
- efu \$ M ; xhstf?sf nflu ; xlhs/of tflnd

efu # M ; dlj sf; ; Dj hgzln ; fdbflos lj sf;

; dlj sf; ; Dj hgzln ; fdbflos lj sf; efu cftuf tlgj 6f lgbzsf? 5g\

lgbzsf ! M ; dlj sf; ; Dj hgzln ofhgf thof / cgludg
lgbzsf @ M ; xefuldhs ufdlof nyfhfyf
lgbzsf # M ; dlj sf; ; hgzln ; DaGw lj : tf/

dfylsf ; j } lgbzsf? Rff/ v08df lj eflht 5g\

v08 ! M lzf\$sf]k[7eld j f/df hfgsf/L
v08 @ M ; xefuldhs lqmfnsfkx?
v08 # M ; Gbe{ ; fdulx?
v08 \$ M ; xofyl lrqx?

v08 ! M lzf\$sf]k[7eld j f/df hfgsf/L
k[7eld cftuf lj zftM ; xhstf?nf0{ lj ifo
j : tsf]j f/df dVo cjwf/0ff lbg vflhPsf]5 .
of] lbbzq ; xefulx?sf] nflu kf7a ; fdulsf]
?kdf kofit xg] 5g . ; xhstf] o;

lgbzsfnf0{ cem} pkofyl agfpg / ; xlhs/of
sfo{kfj sf/L agfpg : yfglo kl/l:ylt ; u dh
vfg]c6o yk ; f:x?sf]vfl / kofyl ug[kg]
x65 .

v08 @ M ; xefuldhs lqmfnsfkx?
k[7eldsf]cfwf/df g}lqmfnsfkx? to ul/Psf
56f\ o; lgbzsfdf kofyl ul/Psf lqmfnsfkx?
pbfx/0fsfnflu dfq k}tt ul/Psf xg\ . Pp6}
cjwf/0ffnf0{ k}6 kfg\$sf] nflu Ps e6f j 9l
gdgf lqmfnsfk / ; fdulx? klg /flvPsf 5g\
t ; y{ o; df ePsf ; Dkof{ cEof; x? tflndsf
sdf ; dfj z ug{g}k5{e6g]h?/L klg 5g .

; xhstf?n] ol cEof; x?nf0{ gdgf cyjf
pbfx/0fsf] ?kdf lng' kg] x65 . cEof; 566f
lb0Psf afx\$ c6o yk cEof; x? ; xhstf]
; do ; yfglo kl/l:ylt / nllft ; dxsf]j f:tlj s
cfj Zostf x/L pkoQm blvg]lqmfnsfksf]dfq
rog ug[kb5 .

v08 # M ; Gbe{ ; fdulx?
o; lgbzsf] t] fl] efudf tflnd ; #fng
lj lwx? ; cfhf/x? / ; Gbe{ ; fdulx? ; dfj z
ul/Psf 5g\ . ; xhstf] c6o ; fdulx?sf]yk

; sng tyf tof/L ul/ tflndsf] cfj Zostf
cg' f/ kofyl ug[ck]ff ul/Psf5 .

v08 \$ M ; xofyl lrqx?
tflnddf kofylsfnflu pkoQm lrqx? klg o; df
cfj Zostfg' f/ ; dfj z ul/Psf 5g\
;

; dlj sf; ; jhgzn ofhg thf / cgludg

Ijifo ; ʻL

; dlj sf; ; jhgzn ofhg thf lgbzsfjaf/df	I
efu # M; dlj sf; ; Dj hgzn ; fdbfos lj sf;	II
lgbzsf ! M; dlj sf; ; jhgzn ofhg thf / cgludg	
v08 ! M k7e/d	!
kl/ro	!
dVo cj wf/0ffx?	!
v08 @ M ; xefuldhs lqofsnfk	#
lqofsnfk ; Wof g=! M ; fdbfos lj sf; df dlxf / k?if ; dlj sf;	#
; xfos lqofsnfk ; Wof g=! M ; fdbfos lj sf; / ; dlj sf;	\$
; xfos lqofsnfk ; Wof g!=@ M ; xefutfsf tx / ksf/x?	%
; xfos lqofsnfk ; Wof g!=# M 3/ agfpg]vh	^
; xfos lqofsnfk ; Wof g=@ M ofhg thf	&
; xfos lqofsnfk ; Wof g=@! M ofhg thf lsg <	*
; xfos lqofsnfk ; Wof g=@@ M ofhg thf / sfofj og rqm	(
lqofsnfk ; Wof g=# M ofhg klxrfq	!)
; xfos lqofsnfk ; Wof g=#! M ; xefuldhs nhs ; Dahgzn cfhf/x?	!!
; xfos lqofsnfk ; Wof g=#@ M nhs ; Dj hgzn cj :yf; ; d:of lj Znifof	!@
; xfos lqofsnfk ; Wof g=## M ; d:ofsf]klxrfq / kfyldstf lqwf{of	!#
; xfos lqofsnfk ; Wof g=#\$ M ; d:ofsf]sf/of / kefj lj Znifof	!%
; xfos lqofsnfk ; Wof g=#% M ofhg 5gf	!^
lqofsnfk ; Wof g=\$ M ofhg sf]kf?k / ofhg thf	!*
; xfos lqofsnfk ; Wof g=\$! M ofhg thf tlnsf	!(
; xfos lqofsnfk ; Wof g=\$@ M kl/0ffddvl p2zo lqwf{of	@)
; xfos lqofsnfk ; Wof g=\$# M ; ʻsx;	@@
; xfos lqofsnfk ; Wof g=\$\$ M sfofj efhg	@#
; xfos lqofsnfk ; Wof g=\$% M ah thf	@\$
; xfos lqofsnfk ; Wof g=\$^ M sfof]nsf tof/l	@%
; xfos lqofsnfk ; Wof g=\$& M cgludg ofhg	@^
lqofsnfk ; Wof g=% M lqisif]nhs ; Dj hgzn ofhg thf / sfofj og	@&
v08 # M ; Gbe{; fdulx?	@(
; Gbe{; fdul ; Wof ! M ; fdbfos lj sf; sf cj wf/0ff	@(
; Gbe{; fdul ; Wof @ M dlxf / k?if bj \$f]; xefutfsf]dxIj	#)
; Gbe{; fdul ; Wof # M ; xefutfsf lsl; d / txx?	#!

tflnd > ʻnf # M ; dlj sf; ; jhgzn ; fdbfos lj sf; cgtuf lgbzsf !

; dljsf; ; jhgzln ofhgf thdf / cgludg

; Gbe{; fdul ; Vof \$ M 3/ agfpg]vnh	===== ===== =====	#@
; Gbe{; fdul ; Vof % M ofhgf thdf / sfofkj og rs	===== ===== =====	#\$
; Gbe{; fdul ; Vof ^ M ; xefuldh's ufdlof nyfhf]yf	===== ===== =====	#^
; Gbe{; fdul ; Vof & M nhus b]6sf]af6 cj :yf / ; d:ofx?sf]lj Zn]fof	===== ===== =====	#&
; Gbe{; fdul ; Vof * M ; d:of klxrfg / lj Zn]fof	===== ===== =====	#(
; Gbe{; fdul ; Vof (M ; d:of lj Zn]fof M sf/of / kefj sf]>]vnf	===== ===== =====	\$(
; Gbe{; fdul ; Vof !) M ofhgf thdfsf lj :t] lj j / ofx?	===== ===== =====	\$@
; Gbe{; fdul ; Vof !! M ofhgf thdf tflnsf sf]pbfx/of	===== ===== =====	\$\$
; Gbe{; fdul ; Vof !@ M kl/ofdd]vl p2]ox?	===== ===== =====	\$\$
; Gbe{; fdul ; Vof !# M ;]sx?	===== ===== =====	\$\$
; Gbe{; fdul ; Vof !\$ M lqmf]snfk thdf	===== ===== =====	\$(
; Gbe{; fdul ; Vof !% M ah] thdf	===== ===== =====	%)
; Gbe{; fdul ; Vof !^ M sfo{tflnsf	===== ===== =====	%@
; Gbe{; fdul ; Vof !& M cgludg ofhgf	===== ===== =====	%#
; Gbe{; fdul ; Vof !* M nhus ; Dj hgzln ofhgf thdf / sfofkj og sf]dfub]zg	===== ===== =====	%%

tflnd >]vnf # M ; dljsf; ; jhgzln ; fdbflos lj sf; c]tuf lgb]zsf !

v08 ! M k7eld

kl/ro

gkfnf ; km kl/ofhgfx? lj/n} 5g\ . o; sf] Pp6f sf/of, kl/ofhgfx?n] ckllft nfe k'afpg vfh]sf] nllft hg; wofj f/df ; xl lj Znifofsf] cefj n] ubf{ klg o; f] ePsf] xf] . kfoM n]us d2fx? / dlxnfx?sf cfj Zostf jf/df sd Wofg lbP/ jf Wofg} glb0\$g kl/ofhgfsf kf?k tof/ ul/G5g\ . lj sf; kl/ofhgfx? n]us ; Dj hgzn geP; Dd dlxnfx?sf]cj :ydf ; wf/ ug{ ; lsbj . w7h; f] n]us ; Dj hgznlf lj gfsf kl/ofhgfx?n] dlxnfx?sf] ; fdlhs hljg / k'ofkfs eldsf ; xl?kdf 7Dofpg g; Sbf dlxnfx?nf0{cem jfem ykl j 9L c; lj wdfq k'afpg]ub5g\

hg; wofsf] cfwf lx:; f cfu6g] dlxnfx?sf] kefj sf/L ; xeflutf xg' ; fdbfos lj sf; sf nflu cfj Zos zt{xf] . dlxnfx?sf] lj rf/ / efj gfx? kl/ofhg / gltx?df cslift geP; Dd c; kmntsf]0{txf; jf/Dj f/ bfxfl/xg]5 . lj sf; k\$ofdf dlxnfx / k'ifsf] kefj sf/L ; xeflutfsf nflu kl/ofhg thf ubf{ ; dlj sf; ; dfofht xg' ctoft h?/L 5 . ; dlj sf; ; dfofng ePdf kl/ofhgfx?n] c; dfgtf / ebej kof{Joj xf/nf0{ x6p6 ; Sb5g\

- | | |
|--|--|
| <u>tfnd lgb]zsf]p27o</u> | |
| <ul style="list-style-type: none"> kl/ofhg thf k\$ofdf n]us ; Dj hgzn ; xefuldhs lj lwx?sf] sfof] og ug{ ; xefulx?sf] ; lk clej [4 ug]. n]us lj Znifof / ; d:of ; dfwgsf lj ifodf zlk xflzn ug]. | |

dVo cj wf/Offx?

; xefuldhs ; fdbfos lj sf; ; fdbfos lj sf; eg\$] ; dbfosf dflg; sf ; dXx?sf]cfly\$ / ; fdlhs cj :ydf lbuf?kn] ; wf/ ug] k\$of xf] . ; xefuldhs ; fdbfos lj sf; n] ; dbfosf ; j} dflg; x?sf] ; s6

; xeflutf u/fp65 . cfkn] lbuf] lj sf; cfkn] ug]; dbfosf] lfdtf j 9fp6, dlxnfx / k'if bj \$] kefj sf/L ; xeflutfsf]cfj Zostf kb5 .

; xeflutf crh ; fdbfos ; xeflutfsf] dxlj nf0{Jofks ?kdf ; jlsf/ ul/Psf] 5 . ; xeflutfsf w7] lsl; d / txx? x65g\ . kl/ofhg tof/ ubf{ ; dbfosf ; b:o / nfe]ljt ju?af6 ; / ; Nnfx lng ; lsg5, pglx?nf0{cj ; /x?sf]vfh / ; hg ugdf ; mg u/fpg ; lsg5, s] ug{

; lsg5 jf ul/g]5 e6g]lgofdf pglx? ; xeful xg ; Sb5g\ pglx? ; f: lj Znifof / kl/rfng ubf{ jf kl/ofhg sfof] og, Joj :yfkj jf dNofsg ubf{ ; xeful xg ; Sb5g\ pglx? ; f:df ofubfg -; j od\] f_ ug{ ; Sb5g\ jf kl/ofhgfsf knf0f lng dfq klg ; xeful xg ; Sb5g\

ofhg rmdf n]us ; dfofng dlxnfx k?if ; dlj sf; nf0{ofhg ramsf] k'of r/ofdf ; dfj z ug{ kb5 . o:df ; d:of / cfj Zostf klxrf, tVofsx?sf] ; sng / k'fvg / kl/ofhgfsf]nlo / p27o lgwf{Of cflb

kb5g\ . kl/ofhgfsf] sfof] og, cgludg, dNofsg / k'7kf]of txd f klg ; dlj sf; nf0{ ; dfj z ug{kb5 .

; dlj sf; lj Znifofsf]9fFf n]us lj Znifof] dlxnfx / k'ifx?sf] lhjgzhl jf/\$f hfgsf/L kbfg u/L, jf:tljstfdf cfwf/te}lgofx? ug{ ; xofu lb65 . n]us lj Znifofsf dVo rf/ r/ofx? x65g\ . ol

r/ofx?sf] ; dxnf0{ ; dlj sf; lj Znifofsf] 9fFf elg65 .

v08 @ M ; xefuldhs lqmfnsfkx?

lqmfnsfk ; Vof g#! M ; fdbflos lj sf; df dlxf / k?if ; dlj sf;

of]lqmfnsfkn]; fdbflos lj sf; ofhg thf / sfog og ubf; ; dlj sf; / ; xefuldhs t/lxf?
; dfj z ug{dxTj kOf{5 eG}s/fdf hf8 lbG5 . o:df ; dfj z ePsf ; xfos lqmfnsfkx? lGdgfg' f/
5gM

; xfos lqmfnsfk ; Vof !=! M ; fdbflos lj sf; / ; dlj sf; (Community Development and Gender)

; xfos lqmfnsfk ; Vof !-@ M ; xeflutfsf tx / ksf/x? (Types and Levels of Participation)

; xfos lqmfnsfk ; Vof !-# M 3/ agfpg]vh (House Construction Game)

; xfos lqmfnsfk ; Vof ! M ; fdbflos lj sf; / ; dlj sf;

p24o M
; xefulx?n]; fdbflos lj sf; sf]kl/efiff lbg / ; fdbflos lj sf; sf lqmfnsfkdf ; dlj sf; sf
cj wf/0ffnf0{; dfj z ug\$]dxTj j f/]JofVof ug{; Sg\$g\

dhet kZg M
; fdbflos lj sf; sf]cy{s]xf]<
; fdbflos lj sf; lqmfnsfkdf ; dlj sf; ; dfj] ug{lsg dxTj kOf{5 <

; dofj lw M
@ ÷ @ b]v # 306f .

lj lw M
dl:tis d6yg, ; dXdf lrg agfpg]/ 5nkm, dh; qdf k|tlts/Of .

; fdulx? M
Gohlk06, dfl:sE 6k, k]n / /ug sndx?, ; Gbe{; fdull ; Vof ! M ; fdbflos lj sf; sf
cj wf/Off, ; Gbe{; fdull ; Vof @ M dlxf / k?if bj \$f]; xeflutfsf]dxTj .

tof/L M
cfj Zos ; fdulx? hDdf ug]; dX 5nkmdf dfulg bZ ug{Gohlk06df kZgx? nVg].

r/Ofx? M
1= ; fdbflos lj sf; sf] cy{j f/df ; xefulx?; + dl:t:s d6yg ug]. ; xefulsf p0/nf0{
Gohlk06 j f j\$df l6kf ug].
2= ; xefulx?n]j tfPsf j bfnf0{dVo cj wf/Of / ; Gbe{; fdull ; Vof ! M ; fdbflos lj sf; sf
cj wf/Off; + thgf u/L JofVof ug].
3= ; xefulx?nf0{% j f ^ hgfsf]; dXdf lj efhg ug].
4= Pp6f cfz{ lj sf; kl/ofhgfsf tlg cu x65g\ M kl/jtg, ; wf/ / blufkg e6g]
; xefulx?nf0{JofVof ub]pglx?n]/fh\$]lqmfnsfknf0{o; }cfwf/df j ul\$/Of (Rating) ug{
nufpg].
5= ; dXx?nf0{ lrg agfpgsf] nflu #) b]v \$% ldg0sf]; do lbg]. To; kl5 dh; qdf
k|tlts/Ofsf]nflu ehf ug]/ ; dXn]tof/ kf/\$f]lrgsf]JofVof ug{nufpg].
6= kgM; fg; dXx? agfpg]/ tn n]vP cg' f/sf]kZgdf 5nkm u/fpg]M
▪ ; fdbflos lj sf; kl/ofhgdf dlxf / k?if bj \$f]; m]gtf lsg dxTj kOf{5 <
▪ olb dlxf?nf0{; dfj z gul/Pdf s]x65 <
▪ olb kl/ofhgdf dlxf?df dfq s]bt ePdf s]x65 <
▪ olb ; Dej 5 eg]cfkngf]; dbfosf sg]pbf/Ofx? ; lDeng].
7= ; dX 5nkmsf]nflu #) ldg0sf]; do lbg]. To; kl5 5nkmsf dVo j bfx?nf0{dh; qdf
k|t' ug{nufpg]. ; xefulx?nf0{kZg ; flg kfl]; flxt ug].
8= lj sf; k\$0fdf dlxf / k?if bj \$f]; xeflutf lj gf ; fdbflos lj sf; lbuf]xg ; Sb0 e6g]
s/fdf hf\$ lbg].

; dfkg M
; dfkg cl3 dhet kZg Psk6s bxf]ofpg]/ kZgsf]p0/ kfgp of] 5nkmmn]; 3fof]ls
; 3fPg < ; xefulx?nf0{; flg]. ; xefuldf c:ki6tf eP :ki6 kfg].

; xhstf0{; bnfj
▪ ; xhstf]dlxf k?if ; dlj sf; lgb]zsfdf yk ; Gbe{; fdulx? kfgp ; Sg\$g\
▪ lj sf; k\$0fdf lK5l8Psf dlxf / k?if ; lxt ; j}dlxf / k?ifnf0{; dfj z ug{ dxTj kOf{5 e6g]
s/fdf hf\$ lbg' kb5 . ; xeflutf lsg dxTj kOf{5 e6g]pbf/Ofsf]nflu, ; Gbe{; fdull @ M dlxf /
k?if bj \$f]; xeflutfsf]dxTj x0].

; xfos lqmf snfk ; Vof !@ M ; xeflutfsf tx / ksf/x?

p24o M	; xefulx?n] ; xeflutfsf ljleGg ksf/sf] j ofG ug{/ ; xeflutfsf] dxTj j f/df JofVof ug{ ; Sg]5g\
dhet kZg M	ofhgf rqrdf dlxf / k?if sg ?kdf ; xeful x5g\< dlxf / k?ifsf] ; xeflutf lsg dxTj kOf{5 <
; dofj lw M	! 306f .
lj lw M	dl:tis dGyg, vNnf 5nkm / JofVof .
; fdulx? M	Gohlk{6, dfs{, dfl:s ^a 6k, ; Gbe{; fdull ; Vof # M ; xeflutfsf lsl; d / txx?
tof/L M	; Gbe{; fdull ; Vof # M ; xeflutfsf lsl; d / txx? cg' f/sf] ; xeflutfsf txx? b]f0Psf] INknk rf6{tof/ ug].
r/Ofx? M	1= xfdln] ; xeflutf zJb kof]ubf{kf0M Pp6}tx jf lsl; d dfq eP h:tf]u/l ub5f]. t/ ; xeflutf w]}ksf/sf x65gV ofhgf rqrdf dflg; x? ; xeful xg; Sg]w]}7f5x? x65g\ egl ; xefulx?nf0{eGg]. ; xeflutfsf ljleGg ksf/ / txx?sf jf/df ; xefulx?nf0{ dl:tis dGyg ug{nufpg]. ; xefulsf hjfkmsf dVo j Bfx?nf0{Goh lk{6df l6kf0 ug]. ol j Bfx?nf0{; Gbe{; fdull # M ; xeflutfsf lsl; d / txx?df lb0Psf]?k/yf; u hf0] 5nkm u/fpG]. 2= tkf0\$] ; yfn]dlxf lj?4sf]lx;fdf sdl NofpG Pp6f ; fdbflos lj sf; kl/ofhgf thdf / sf0f{0og ug{rfx\$]5 M ▪ of]kl/ofhgf thdf / sf0f]og ubf{; dbfosf s:tf ; dx? jf ; /f\$]/jfnfx?nf0{ ; mlg u/fpg'x65 < ▪ pglx?sf]s:tf]ksf/sf] ; mlgtsf]rfxgf ug{x65 / lsg < 3= ; dxsf]nflu #) ldg0sf] ; do lb0{ pglx?af6 cPsf lg:siff0{dh; qdf k tt ug{ nufpg]. ; dxn]klxrfg u/\$f ; xeflutfsf ksf/nf0{Gohlk{6df l6kf0 ug]. 4= ; xeflutfsf ljleGg ksf/ / tx x65g\eGg] s/fdf hf0 lbg]. ; j}ksf/sf ; xeflutf dNofjfg xbfxb}kig sxl ; xeflutf c?eGbf j9l dxTj kOf{x65g\ pbfx/Ofsf nflu ; s0 ; xeflutf, lg0f0 ksf0df ; xeflutf cflb . ; fdbflos lj sf; kl/ofhgf thdf, sf0f]og / cgludgdf dlxf / k?ifx?sf] ; s0 ; xeflutf xg' dxTj kOf{5 eGg]s/f pNny ug].
; dfkg M	; dfkg cl3 dhet kZg Psk6s bfx]ofpg] / kZgsf] p0/ kfg of] 5nkmn] ; 3fof]ls ; 3fPg < ; xefulx?nf0{; flg]. ; xefuldf c:ki6tf eP :ki6 kfg].

; xhstf{f0{; enfj

- ; xhstf{] dlxf k?if ; dlj sf; lgb]zsfdf yk ; Gbe{; fdulx? kfg ; Sg]5g\
- ; xhstf{] ; xeflutfsf ljleGg ksf/ / txx? x65gV lj sf; ksf0df lk5l8Psf dlxf / k?if ; lxt ; j}dlxf / k?ifnf0{; dfj z ug{dxTj kOf{5 eGg]s/fdf hf0 lbg' kb5 .

; xfos lqmfnsfk ; Vof != M 3/ agfpg]v]h

dhet kZg M
dlxnf / k?ifsf]; xeflutf lsg dxlj kOf{5 <
; dof] lw M
@ 306f .
lj lw M
; dX lqmfnsfk, vNnf 5nkm / cgej cfbfg kbfq (Reflection) .
; fdulx? M
GoHlk06, dfs{, dfl:s^a 6k, 3/ lgdf0f v]hdf rflxg]j :tx?sf]; FL ; Gbe{; fdull ; Vof \$ M 3/ agfpg]v]h .
tof/L M
3/ jgfp0]v]hdf rflxg]j :tx?sf]; FL tof/ ugI. h:t}M 8f]L, j fF, dfl:s^a 6k, 7hf]sfuh, GoHlk06 cyjf lqkfnsf] ?kdf kOfu ug{; lsg] c6o ; fdfg, 3/ 9fSg] kfn, dNo ; FL cflb -; Gbe{; fdull ; Vof \$ M æ3/ agfpg]v]hE x0I .
r/Ofx? M
<ul style="list-style-type: none"> 1= ; xefulx?nf0{3/ jgfp0]v]hsf nflu tof/L ugI. ; Gbe{; fdull \$ M 3/ jgfp0]v]hdf v]h ; Dj Gwl lgbZg lb0Psf]5 . 2= v]h ; lSP kl5 tn pNn]vt kZgx?df 5nkm u/fpg]M <ul style="list-style-type: none"> ▪ of]v]h ; xeflutf j f/0f lyof]. 3/ lgdf0fsf]cEof; df ; xefulx?n]cfknyf]/ c?sf] ; xeflutfj f/] s:tf] dx; Z u/] ; xefulx?nf0{ sXl ; do ; flg nufpg] . To; kl5 pglx?nf0{cfknyf lj rf/ cfbfg kbfq ug{nufpg]. ▪ 5f0f]; dodf sg ; dxn]; j 0Gbf j lnof]/ /fd]3/ agfpg] ; Sof]< ▪ lsg To]; dx c? ; dx0Gbf j 9L ; km eof]< ▪ ko[]fssf nflu kZg M 3/ lgdf0f ug{cEof; sf]; dodf sg ; dxsf]; s0 ; xeflutf ePsf]kfpq' eof]< ▪ tkf0h]j g\$]3/ lj urbf{s:tf]dx; Z ug{eof]< ▪ ofhgf thof / sf0f]ogdf ; dbfosf ; bZox?sf]; xeflutf; t of]cEof; nf0{s; /l hf0g ; lsg5 < of]cEof; af6 xfdln]!; Sg ; Sg]sXl kf7x? 5gNs < 3= ol s/fx?nf0{Nbfq lbg]M <ul style="list-style-type: none"> ▪ ; xefulx?sf]kl]tj 4tf ▪ ; fdbfos ljsf; ofhgf thof, sf0f]og / cgludgdf dlxnf k?ifsf] ; s0 ; xeflutf .
; dfkg M
; dfkg cl3 dhett kZg Psk6s bxf]ofpg]/ kZgsf]p0/ kfpq of] 5nkmn]; 3fof]ls ; 3fPg < ; xefulx?nf0{; flg]. ; xefuldf c:ki6tf eP :ki6 kfgI.

; xhstf0f0{; enj
<ul style="list-style-type: none"> ▪ of]v]hsf nflu clud tof/L / koft 7f0sf]cfj Zostf k5{. olb pkoQm 7f0 pkn]w eP of]v]hnf0{ sf]f j flx/ v]hfp0] ; lsg5 . ▪ 3/ lgdf0fsf j :tx?nf0{; f6km] xq qlbg ; xhstf0]kZ:t /yb]y ug{k05 tfls ; xefulx?nf0{; fdfg x/fpg]8/ gxf] \ olb ; f6km] ePsf j :tx? cEof; df ; mlg ePsf ; xefulx?nf0{lkmtf{gxxg]b]Vpdf of]v]h gv]hfpq].

lqmfnsfk ; Vof @ M ofhgf thdf

of]lqmfnsfkn]ofhgf thdf jf/]hfgsf/l / ofhgf thdf tyf sfoffj og ramsf lj leGg r/Ofx? jf/df
kl/lrt u/fpGf . o; df tn n]vP cg; f/sf ; xfos lqmfnsfkx? ; dfj z ul/Psf 5gM

; xfos lqmfnsfk ; Vof @! M [ofhgf thdf lsg \(Why Plan\) ?](#)

; xfos lqmfnsfk ; Vof @@ M [ofhgf thdf / sfoffj og rqm \(Project Planning and Implementation Cycle\)](#)

; xfos lqmfnsfk ; Vof @! M ofhgf thdf lsg <

p2]o M
; xefulx?n]ofhgf thdfsf]dxTj j f/df hfgsf/l xfl; n ug5g\
dhet kZg M
ofhgf thdf lsg dxTj kOf{5 <
; dofj lw M
#) blv \$) ldgø .
lj lw M
vjh, 5nkmn .
; fdulx? M
lNknk rf6{jf j f\${/ dfs{ .
tof/L M
cfj Zos ; fdulx? hDdf ugI.
r/ofx? M
1= ; xefulx?nf0{pleP/ cfwf lrdng nufpg]. Ps csf6f0{g5f0{/ gj fhL 7hf] 3]f agfpg nufpg] . sxl ; do kl5 oftplo ; g]sfd /f\$g/ pglx?nf0{cfwf vflg nuf0{3]f agfpg] sdfs]; kmntf xg{nufpg].
2= tn pNny eP h:t}sxl kZgx? ; fvl of]v]haf6 l; lSpsf j Bfx?sf]; f/fz lgsflNg]. ▪ tkf0h]cfwf jGb ubf{s:tf]cgej ug{eof}< ▪ 3]f agfpg tkf0x? lsg ; kmn xg' ePg jf lsg ; kmn xg' eof]< olb ; kmn ePdf r/of % df hfg].
3= lNknk rf6{jf j f\$df dVo j Bfx? l6kfø ugI. of]cEof; nf0{k9M bfx]f]ofpg]xf]eg]; dxn] 3]f s; /L agfpg]eg] klxn]ofhgf agfpg]kb5 t/ cfwf eg]jGb ug{kB5 eg] cj ut u/fpg].
4= ; xefulx?nf0{ofhgf agfpg ; do lb0{km]L cEof; ug{nufpg].
5= ; xefulx?n]o; k6s s; /L 3]f agfpg ; kmn eP ; flg]. dVo kf7x?df hf\$ lbb}; f/fz lgsflNg]. h:t}M ▪ ; kmntf kkt ug\$fnflu s; /L cuf18 j 8g]eGg]/ofglit / ofhgf xg' kb5 eGg]s/f dxTj kOf{5 . ▪ dflg; x?n]PSn}cfkng]tl/sfn]sfd ug{eGbf ; 0Qm?kdf ldn] sfd ubf{j 9L ; kmntf xfl; n ug{; Sb5g\
6= ofhgf thdfsf]dxTj ; v]hsf]kf7nf0{hf\$g]. ; kmn xgsf nflu elj iodf ul/g]sfox?df dflg; x?n]; fem nlo xfl; n ug{s; /L ; u; u}ldn] sfd ub5g\eGg]:ki6 / lj:t] ofhgf sf]kf?k tof/ ug{kB5 .
; dfkg M
; dfkg cl3 dhet kZg Psk6s bfx]ofpg]/ kZgsf]p0/ kfpG of]5nkmn]; 3fof]ls ; 3fPg ; xefulx?nf0{; flg]. ; xefuldf c:ki6tf eP :ki6 kfgI.

; xhstf{x?sf]nflu ; emj
▪ ; xefulx?nf0{br] fl]k6s s; /L 3]f agfpg]eGg]j f/df 5nkmn u/L ofhgf agfpg kof]t ; do lbg' kb5 . pbfx/ofsfnflu pglx?n]xft]fnf]ug{; Sg5g\; xhstf{h]; xefulx?nf0{o; /L ug]eg] ; emj glb0{pglx? cfkmpf0{ofhgf agfpg nufpg' kb5 .
▪ ; xhstf{h]; kmn ofhgf sf]nflu :ki6 ; xeludhs ofhgf? dxTj kOf{5g\eGg]s/fdf hf\$ lbg].
▪ of]lqmfnsfnknf0{; kmnt}fos vjh (Energizer) sf]?kdf klG kofu ug{; lsg]5 .

; xfos lqmf snfk ; Wof @@ M ofhgf thdf / sfoffj og rqm

p2jo M
; xefulx?n]ofhgf thdf / sfoffj og rqm sf r/Ofx? j Ofg ug{; Sg5g\
dhet k7g M
ofhgf thdf / sfoffj og rqm sf r/Ofx? s]s]xg\
; dofj lw M
! 306f .
lj lw M
; dx sfo{ dh; qdf k t ts/Of / 5nkmn .
; fdulx? M
GoHlk06, dfs{, ; Gbe{; fdull ; Wof % M ofhgf thdf / sfoffj og rqm sf kltx? .
tof/L M
GoHlk06df ofhgf thdf / sfoffj og rqm sf]vfnl tflnsf agfpg]. cfj Zos ; fdulx? hDdf ug].
r/Ofx? M
1= ; xefulx?nf0{ofhgf thdf / sfoffj og tx; Dd klg]af6df, ofhgf j f/]; fl j gfp6]blv kOf{ sfoffj og e}glthf k t ug]; Ddfsf lj leG r/Ofx? /x\$ f xG5g\egl j Ofg ug]. loglx?nf0{ofhgf thdf / sfoffj ogsf r/Ofx? j f ofhgf thdf / sfoffj og rqm sf]?kdf lng ; lsG5 . ; xefulx?nf0{klxn]blvg}tof/ kf/l /fv\$] ; Gbe{; fdull ; Wof % M ofhgf thdf / sfoffj og rqm sf]vfnl gd6f b]fpg].
2= ; xefulx?sf # j f \$; dx agfpg]. k o\$; dxnf0{!}÷!) j 6f d6fsf8{lbg]. k o\$; dxnf0{Pp6f ; fdbflos lj sf; ofhg sf] thdf / sfoffj ogsf dVo r/Ofx? klxrfg ug] nufpg]. ; dxn]Pp6f dVo r/Ofnf0{Pp6f d6fsf8df nVg' kb5 . To; kl5 tl d6fsf8nf0{ æofhgf thdf / sfoffj og rqm cg; f/ qnd ldnfP/ /fVg].
3= ; dx sfo\$]nflu #) ldg6sf]; do lbg]/ k t ts/Ofsf]nflu dh; qdf ehf ug].
4= ; xefulx?nf0{ofhgf thdf / sfoffj og tflnsf agfpg]Pp6}dfq pkfo 5g egl hfgsf/l lbg]. o:tf]tflnsf, ofhgf thdf u/l ; km tfk] \$ sfoffj og ug]Pp6f ; lhnf]cfhf/ dfq xf]. sxl tflnsfx?df \$ j 6f txx? / lj leG ; xfos txx? xG5g eg]c? tflnsfx?df !) j f !@ j 6f txx? klx xg ; S5g\ ; xefulx?nf0{ ; Gbe{; fdull ; Wof % M ofhgf thdf / sfoffj og rqm sf kltx? lj t/Of ug]. pbfx/Ofsf] nflu ; Gbe{; fdull / tflnsdf ePsf r/Ofx?sf]; ld lff u/fpg].
; dfkg M
; dfkg cl3 dhet k7g Psk6s bxf]ofpg]/ k7gsf] p0/ kfpq of] 5nkmn]; 3fof] ls ; 3fPg < ; xefulx?nf0{; flg]. ; xefuldf c:ki6tf eP :ki6 kfg].

; xhstf{nf0{; enj
<ul style="list-style-type: none"> ▪ ; xhstf{]lqmf snfkx?nf0{; xefulx?sf]; flf/tfsf]tx; u ldnfpg' kb5 . ▪ ; xhstf{]; j}; dx ; dl f kul cfj Zos ; xofu, JofVof / k ; fxg ug{kb5 .

lqmfnsfk ; Vof # M ofhgf klxrfg (Project Identification)

of] lqmfnsfkdf ; yfn] ofhgf sf] lj : t[?k/vf lj sf; ug] lgofo ug{ ebf cl3 ug{ ; lsg] kl/Des
dNofsg / lj Znifofsf lqmfnsfkx? ; dfj z ul/Psf 5g\ ol lqmfnsfkx?n] ; yfn] sfof] og ug{
vf]h\$ ofhgf x? cfj Zos, ; efo / ; kmn xg] vfnsf 5g\egl ; lglZrt ug{ ; xof] ub5 . of]
lqmfnsfkdf tn n]vPsf ; xfos lqmfnsfkx? ; dfj z ul/Psf5g\

- ; xfos lqmfnsfk ; Vof #=! M [; xefuldhs n\]us ; Dj hgzln cfhf/x?](#) (Gender- Sensitive Participatory Tools)
- ; xfos lqmfnsfk ; Vof #=@ M [n\]us ; jhgzln cj :yf / ; d:of lj Znifof](#) (Gender- Sensitive Situational/Problem Analysis)
- ; xfos lqmfnsfk ; Vof #-# M [; d:ofsf\]klxrfg / kf\]ydstf lqwf\]of](#) (Problem Identification and Prioritization)
- ; xfos lqmfnsfk ; Vof #=\$ M [; d:ofsf\]sf/of / kefj lj Znifof](#) (Cause and Effect Analysis of Problem)
- ; xfos lqmfnsfk ; Vof #-% M [ofhgf 5gfo](#) (Project Selection)

; xfos lqmfnsfk ; Vof #-! M ; xefuldh's n]us ; Da]hgZln c]hf/x?

p2]o M
; xefulx; :yfglo dflg; x?nf0{; mlg u/fpg]lj leG lj lwx?sf j f/df kl/lrt xg]g\
dhet k]g M
:yfglo dflg; x?nf0{; mlg u/fpg]; xefuldh's lj lwx? s]s]xg <
; dofj lw M
#) Idg].
lj lw M
; xhstf]sf]cu] f0df 5nkm .
; fdulx? M
Gohlk]6, dfs{, dfl:sE 6k, ; Gbe{; fdul ; Vof ^ M ; xefuldh's u]dlof n]fhf]yf .
tof/L M
cfj Zos ; fdul hDdf ug] k]o] 5f]s/L Aoxf]f ; lxt Gohlk]6df lj leG lj lwsf lj j /of n]g].
r/Ofx? M
! = :yfglo dflg; x?nf0{ofhgf thdf / sf]of]j ogsf ; j}klfdf ; mlg u/fpg' cfj Zos 5 eG] s]f ofh]gfsf/ / sf]of]j ogstf{x?n]/fd/l aem]f]xg' kb] . :yfglo dflg; x?nf0{; mlg u/fpg] w]}lj lwx? 5g\eg]s]f ; xefulx?nf0{] t]fp]j].
@ = klxn]b]vg}tof/ u/L /fv]f]lj lwx?sf]; Fl b]f]p]j]. ; xefulx?nf0{pglx?n]hfg]sf j f k]of] u/]f lj lwx? klxrfg u/L AofVof ug{nufpg]. olb ; xefulx?n]c]o lj lwx?sf]gdfj nl lbPdf tl lj lwx? klg y]g]. ; xefulx?nf0{lj lwx?sf j f/df pglx?sf]cg]j c]bfg k]bfg ug{nufpg] h:t}M s]s]fd /fd/l eP < s:t] n]us d2fx?sf]cg]j eof] < o:t] d2fx? s; /L ; d]wfg ul/P <
; xefuldh's u]dlof n]fhf]yf lj lw (PRA) sf pbfx/Ofx? M
<ul style="list-style-type: none"> ▪ cw{; Art C]t]f]f (Semi-Structured Interviews) ▪ s]b]t ; d]x? (Focus groups) ▪ gSzf sf]j]lj lwx? (Mapping Techniques)
pbfx/Of M hg; Vof b]f]p]j] ; dflhs gS; f, u/l]lsf ; r]sx?, 3/kl/j f/sf] lsl; d, v]l]of]o hldg, j ghun c]lb b]f]p]j]; f] gS; fx? / ultz]ntf gS; fx?
<ul style="list-style-type: none"> ▪ k]l]Q lj Zn]f]of (Trend Analysis) ▪ :tl/s/Of c]Eof; (Ranking Exercise)
h:t}M ; Dk]Q j f ; Dk]gtf cg'; f/ 3/kl/j f/sf]:tl/s/Of ug]
<ul style="list-style-type: none"> ▪ df}dl k]qf](Seasonal Calendar) ▪ e] 8fou]d (Venn Diagrams)
h; n]lj Bdfg d]o ; 3 ; :yfx? ; u]sf]; Dj Gwsf]l]r]q]of ub].
= o; }>]v]n]sf]csf]t]f]nd lgb]z]sf ; xefuldh's u]dlof n]fhf]yf]df xfdl ol lj lwx?nf0{cem lj:t]k]df x]f] / c]Eof; ug]e]gl ; xefulx?nf0{hfgsf/L lbg].
; d]fkg M
; d]fkg cl3 dhet k]g Psk]s b]f]f]ofpg]/ k]z]gsf]p]Q/ k]pg of] 5nkmn]; 3f]of]ls ; 3f]Pg < ; xefulx?nf0{; f]g]. ; xefuldf c:ki]6tf eP :ki]6 k]f].

; xhstf]sf]nflu ; em]j

; xefulx; nf0{of]lqmfnsfkn]dflg; x?sf]; m]gtf k]kt ug]w]}pkfo 5g\eg]hfgsf/L lb]65 . o; }>]v]n]sf] csf]t]f]nd lgb]z]sf ; xefuldh's u]dlof n]fhf]yf]n]; xefulx; nf0{ol pkfo af/df hfg / c]Eof; ug{d2t ug].

; xfos lqmf snfk ; Vof #-@ M n)us ; Dj hgZln cj :yf-; d:of lj Znifof

p24o M	; xefulx?n]n)us ; Dj hgZln cj :yf-; d:of lj Znifofnf0{kl/eflft ug{/ o:tf]lj Znifof lsg n)us b[6sf0faf6 ul/g'kb5 eG]JofVof ug{; Sg5g\
dhet kZg M	n)us ; Dj hgZln cj :yf-; d:of lj Znifof eg\$]s]x] < lsg cj :yf-; d:of lj Znifofdf n)us b[6sf0f xg'dxTj kOf{5 <
; dofj lw M	@ 306f .
lj lw M	; dx sfo{k t[ts/Of / 5nkm .
; fdulx? M	Gohlk06, dfs{ ; Gbe{; fdul ; Vof & M n)us b[6sf0faf6 cj:yf / ; d:ofx?sf]lj Znifof .
tof/L M	cfj Zos ; fdul hDdf ug] ; Gbe{; fdul ; Vof & M n)us b[6sf0faf6 cj:yf / ; d:ofx?sf] lj Znifofsf cfj Zos kltx; agfpg].
r/Ofx? M	1= ; xefulx?nf0{; fg ; dxdf lj efg ug]. k]o\$; dx?nf0{sg}ufp]f ; dbfos]cj :yfsf] b] lj Znifof ug{ nufpg]. of] lj Znifof ug\$ nflu ; xefulx?nf0{glhs\$] ufpef nu] Toxf5]j]ftfj /Ofnf0{n)us b[6sf0faf6 Wofgk] \$ xg{nufpg' kb5 . pglx?n]Toxf5]b] s] ; g]/ kOf nufP eG]dfq ge}o; lj ifodf s:tf]dx; z u/]eG]j]f/df ; d] ; r] xgkb5 . 2= ; xefulx? tflnd sf7fdf kms]5, k]o\$; dxn] cfknk?n] ufpef b]y\$ s/fx? s;/L ; fd]xs?kdf k t't ug]eG]lj ifodf tof/L ug{kb5 . ; a}; xefulx?n]sg}g sg}t/lfn] efu lngkb5 . pglx? d]b]k]o\$]n]s]l eG ; Sg5g]j]f s; h]eldsf kbZg ug]/ s; h] ult ufP/ JoQm ug{; Sg5g\
	3= ; dx?nf0{dh; qdf k t't ug{cf]xfg u/L pglx?n]b]y\$ s/fx? 5nkm u/fp] / n)us b[6sf0faf6 gx]/Psf]eP 5b5 ; Sg]s/fx? j]f/df klg 5nkm u/fpg].
	4= ; Gbe{; fdul]sf kltx? lj t/Of u/L tnsf rf/j 6f kZgx? dfly lj :t] lj Znifof ug]M -s_ dlxn / k?ifx?n]sg sg sfd, slxn]/ sxfub5g < -v_ ; ft, ; fwg, ;]fx? / lgOf6 k\$0fdf s; sf]kxF 5 < -u_ dfly qnd; Vof -s_ / -v_ nf0{k]fj kfg]; fd]hs / cfly\$ sf/Ofx? s]s]xg< -3_ k t]lj t ofhgdf n)us d2fx?nf0{; dfj z ug{s]ug{kb5 <
; dfkg M	; dfkg cl3 dhet kZg Psk6s b]x]ofpg]/ kZgsf]pQ/ kpg of] 5nkmn]; 3fof]ls ; 3fPg < ; xefulx?nf0{; f]g]. ; xefuldf c:ki6tf eP :ki6 kfg].

- ; xhstf{f0{; emj
- n)us lj Znifofsf]pbfx/Of lb0{of]slQsf]dxTj kOf{5 JofVof ug].
 - ; dx?nf0{cj nf\$g u/L cj :yf lj Znifof ug{kof{t ; do lbg].

; xfos lqmfnsfk ; Vof ## M ; d:ofsf]klxrfg / kfyldstf lgwflOf

p24o M
; xefulx?n]; fdbfosf ; d:ofx? klxrfg u/L kfyldstf lgwflOf ug{; Sg5g\
dhet kZg M
xdf]; dbfodf s:tf ; d:ofx? 5g\ kfyldstf eGfn]s]j lem5 <
; dofj lw M
@ 306f .
lj lw M
; dX cEof; / 5nkm, ; Rgf kZVg (Information Processing) .
; fdulx? M
GoHlk(6, dfs{, dfl:sE 6k, d0fsf8{; Gbe{; fdull ; Vof * M ; d:of klxrfg / lj ZnifOf .
tof/L M
GoHlk(6df ; d:ofsf]kl/efiff / lj ZnifOfsf r/Ofx? nyl tflnd sf]fdf 6fFg].
r/Ofx? M
1= klxn]g]tof/ ul/Psf]; d:ofsf]kl/efiff h:t}M ; d:of eg\$]Pp6f o:tf]cj :yf xf] h; n] JolQm ; dX / ; DkOf{; dbfodf gsf/flDs c; / kf/\$]x65 . ; d:ofx? w}]sl; d / txsf x65g\ sXl ; d:ofx? ; yfx?n]; dbfo :t/d}; lhn}; dfwfg ug{; Sg]vfnsf x65g\ c? sltko ; d:ofx? hl6n x65gV w}]; yfx?sf]lj leGg txd fofks / ; of]ht kof; sf] cfj Zostfkgl]sl; dsf x65g\
2= ; xefulx?nf0{rf/ jf kfFj 6f ; fgf ; dXdf lj efhg u/L ; jhf0{tn pNnyeP cg' f/ u/fpg]M
▪ cfkng]; dbfo jf ufpEf efl]uPsf kfF j 6f; Dd ; d:ofx? klxrfg u/L d0fsf8df nVg nufpg]. k]o\$; d:ofx? j]nfj ln}d0fsf8df nVg' kb5 . ; dXx?n]sflklgs ; d:of ge}lj Bdfg ; d:ofx? nVg' kb5 .
▪ ; d:ofx?sf]; Fl jg0{; ldIff ug{/ ol ; d:ofx?n]ufpEf dlxn/ / k?ifx?nf0{s; /L c; / kf/\$f 5g\5nkm u/fpg].
▪ ; d:ofx?nf0{; j eGbf 7hf] b]v ; j eGbf ; fgf\$] qmddf ldnfpG]. qmd ; Vof ! Dff ; j eGbf 7hf]; d:of / c6o nf0{qmd; M /Vb}hfg]. :tl/s/Of ubf{; j {Ddtug[kof; ug{kb5 .
▪ dh; qdf k]tlts/Ofsf nflu tof/L ug{nufpg].
3= ; dX sfo\$] nflu \$% ldg0sf]; do lb0{k]tlts/Ofsf] nflu dh; qdf ehf ug]. c6o ; dXx?nf0{kZgx? ; flVg / l6klOf ug{kfl]; flxt ug].
4= k]o\$; dXsf]; j eGbf 7hf]; d:ofsf]; ldIff u/L GoHlk(6df l6kf0 ug]. ; j}; dXx?df ; dfgtf 5 ls 5g xg]. ; dXx?n]; j eGbf 7hf]; d:of 5fGbf ; xdltdf klG uxf]eof]ls ; flVg]. olb o:tf]ePsf]ePdf o; j f/]JofVof ug{nufpg].
5= k]oM ; dbfodf w}]; d:ofx? x65g\ . ; yfx?n]; dfwfgsf k0Tg ug{; d:of 5gf0 ubf{ pglx?sf]; yfsf]kl/sNkgf / n]o; u ldnbf]xg' dxTj kOf{5 . PskN6 ; d:ofx?sf]klxrfg ePkI5 csf] r/Ofdf ; d:ofx?sf] lj ZnifOf ug{ kb5, h; af6, ; yfnf0{ tl ; d:ofx?sf j f/Of kOf{hfgsf/L k]kt xg5 . GoHlk(6df n]VPsf]; d:of lj ZnifOfsf r/Ofx? b]vfpG} ; xefulx?; u 5nkm ug]. ; Rgf ; sng / ; d:of lj ZnifOf ug]c; V0 pkfox? 5gV cfufdl sXl lqmfnsfkx?df xfdl ol d]Vb]sXl l; Sg5f]egl j tfpG]. olb ; xefulx? k9g / nVg ; lfd 5gveg]; Gbe{; fdull ; Vof * M ; d:of klxrfg / lj ZnifOfsf kltx? lj t/Of ug].

; dfkg M
; dfkg cl3 dhet k7g Psk6s bxf]ofpg] / k7gsf]pQ/ k7pg of]5nk1mn]; 3fof]ls
; 3fPg < ; xefulx?nf0{; flg]. ; xefuldf c:ki6tf eP :ki6 kfgI.

; xhstff0{; enfj

- ; d:ofs]:tl/s/of ubf{k|o\$; dXn]; j { Ddt ugIkof; ug{k5 .
- of]lqmfnsfksf nflu jg\$; ; dXx?n]lg/t/ ldn] sfd ug{k5 . To; sf/of, ; dXdf lj efhg xBf
Ps csf0{; xofu u/l ldn] sfd ug{; Sg]u/l ugdf ; xhstff]lj zif lj rf/ k'ofpg' kb5 .

; xfos lqmfnsfk ; Wof #-\$ M ; d:ofsf]sf/Of / kfej lj ZnifOf

p27o M
; xefulx?n]sf/Of / kfej sf]b[i6sf]faf6 ; d:ofx?sf]lj ZnifOf ug{; Sg5g\
dhet k7g M
; d:ofx?sf]sf/Of / kfej sf]lj ZnifOf s; /L ugI<
; dofj lw M
@ 306f .
lj lw M
; dX sfo{/ dh; qdf k tts/Of / 5nkm .
; fdulx? M
GohlkQ6, dfs{, dfl:sE 6k, d0fsf8{ ; Gbe{; fdull ; Wof (M ; d:of lj ZnifOf - sf/Of / kfej sf]>vnf .
tof/L M
cj Zos ; fdulx? hDdf ugI GohlkQ6df sf/Of / kfej sf]>vnf tof/ ugIjf ; Gbe{; fdull ; Wof (M ; d:of lj ZnifOf - sf/Of / kfej sf]>vnfsf cj Zos kltx? agfpg].
r/Ofx? M
1= xfdl of] lqmfnsfkdf sf/Of / kfej sf] b[i6sf]faf6 ; d:ofsf] lj ZnifOf ug{f} egl ; xefulx?nf0{] tfpG]. ; xefulx?nf0{; dzofsf]sf/Of / kfej sf]>vnfsf]pbfx/Of ; lxtsf] JofVof ugI. gsf/flDs egf0hf0{s; /L ; sf/flDs egf0df kl/OfTug{]f p27odf ?kft/ ug{; ls65 b]fpg].
2= ; dX jgfo{k]o\$; dXnf0{tn pNny eP cg' f/ ug{nufpG]M
▪ ; xfos lqmfnsfk #.# df klxrfg ePsf]; j eGf 7hf]; d:of lng].
▪ ; Gbe{; fdull ; Wof (M ; d:of lj ZnifOf - sf/Of / kfej sf]>vnf sf]9fFf kofu u/L sf/Of / kfej sf]>vnf tof/ ugI. ; xefulx?n]d0fsf8sf]kofu ubf{sfd ug{; lhnf] xg5 .
▪ To; kl5 asf/Of / kfej sf]>vnfA (Cause and Effect Chain) nf0{; sf/flDs ?kn] ; wf/L aj fl-5t glthfsf]>vnfA (Desired Results Chain) df ?kftl/t ugI. pbfx/Ofsf nflu olb ; j eGf 7hf]; d:of apRr lg/lf/tf b/A xf]eg] o; sf]; sf/flDs :j?k apRr ; flf/tf b/A xg ; Sb5 .
▪ ; dXx?n]tof/ kf/\$f]; d:of / j fl-5t glthfsf]>vnfnf0{dh; qdf k tt ug{tof/L ugI.
3= ; dXsfo{f]nflu \$% ldg0 b]v ! 306sf]; do lb0{k t'tls/Of / 5nkmsf nful dh; qdf ehf ugI.
4= of]; d:ofx?sf]lj ZnifOf ugI Pp6f lj lw dfq xf]. gsf/flDs ; d:ofx?nf0{ ; sf/flDs cj:ydf / nlo jf p27o lgwf{Ofdf kofu ug{; lsg]x6f ofhgfsf/x?sf lgDt of]lj lw pkoful 5 .
; dfkg M
; dfkg cl3 dhe't k7g Psk6s b]xf]ofpg] / k7gsf]p0/ kfg of]5nkmn]; 3fof]ls ; 3fPg < ; xefulx?nf0{; fl]g]. ; xefuldf c:ki6tf eP :ki6 kfgI.

; xhstf{f0{; emf]
▪ ; Dej eP; Dd lqmfnsfk ; Wof #.@ sf]nflu jg0Psf]; dXsf]kofu ugI. t/ sg}; dXdf sXl ; d:of ePdf ; xhstf{]gofF; dX klg agfpg ; Sg5g\
▪ ; xhstf{]; dXsfo{cj lwe/ cj Zostf cg' f/ ; j}; dX ; dlf kul ; Nnfx / ; emf] lb0{; xofu ug{ kb5 .

; xfos lqofsnfk ; Vof #-% M ofhgf 5gf6

p24o M
; xefulx?n]cfj Zos dfkb08 (Criteria) tof/ u/L, sg)Pp6f ofhgf]kf?k (Design) ; d] tof/ ug5g\
dhet k7g M
ofhgf]kf?k tof/ ug{s:tf dfkb08sf]kpfu ug{< kl/ofhgf]s:tf]kf?k tof/ ug{<
; dofj lw M
!.% b]v @ 306f .
lj lw M
; dx sfo{/ dh; qdf k tits/Of / 5nkm .
; fdulx? M
GoHlk06, dfs{ .
tof/L M
cfj Zos ; fdulx? hDdf ug{.
r/Ofx? M
1= xfdln]o; cl3sf] lqofsnfkdf xfd] ; dbfos] cj :yf / ; d:ofx?sf] lj Zn]of ug{ sxl pkfox?sf] v]h u/\$f lyof; of]lqofsnfkdf ofhgf]kf?k tof/ kfg]sfd yfng clu Wofg lbg'kg]sxl lj ifox?df 5nkm ug{f; To; kl5 Pp6f ofhgf]5gf6 ul/g\$.
2= ; fgf ; dx jgf0{k]o\$; dxnf0{tn plny eP cg; f/ ug{nufp] o; cl3s}; dx?nf0{ sfod ug{; ls65 M
<ul style="list-style-type: none"> ofhgf]kf?k tof/ ug{; lsg] cfj Zos dfkb08sf]?h' tlnsf (Checklist) agfpg]. ol dfkb08x?sf cfwf/df ; Deflj t ofhgf?sf] ; f]sf] ; ldlf u/L / Ps jf b0]6f dx]j kOf{ofhgf? 5gf6 ug{. ; dx?n] tof/ kf/\$f dfkb08 / ; Deflj t kl/ofhgf?sf] dh; qdf k tits/Of ug{ tof/L ug{. dh; qdf k tits/Ofsf nflu tof/L ug{nufp] .
3= ; dxsfo\$]nflu \$% ldg6 b]v ! 306fsf] ; do lb0{k tits/Of / 5nkmsf]nflu dh; qdf ehf ug{.
4= cfudl lqofsnfkdf kpfu ug{u/L ; dx?sf] kgu7g u/7, k]o\$nf0{Pp6f kl/ofhgf 5fg nufpg]cyj f ; j]Ps ; fy sfd ug{u/L Pp6}kl/ofhgf 5gf6 ug{; xofu ug{.
; dfkg M
; dfkg cl3 dhe't k7g Psk6s b]x]ofpg] / k7gsf] p0/ kfg of] 5nkmn] ; 3fof] ls ; 3fPg < ; xefulx?nf0{; f]g]. ; xefuldf c:ki6tf eP :ki6 kfg{.

; xhstf{nf0{; enj
<ul style="list-style-type: none"> ; dx?nf0{ tn lb0Psf] lj j/Ofaf6 ofhgf 5gf6sf Ps jf b0]6f dfkb08sf pbfx/Ofx? jtfp]. ; dx?n] cfkm] ; f]7 dfkb08sf] lj sf; ug{ kg] ePsf] ; j}dfkb08x? Psk6s gb]fpg]. tn lb0Psf dfkb08x? pbfx/Ofdfq ePsf] ; dx?n]c} dfkb08sf]lj sf; ug{; Sg5gM <ul style="list-style-type: none"> s]x]dl; # of]kl/ofhgf tof/ ug{kof]t ; f'gf 5g\ s]of]kl/ofhgf xfd] ; yfsf]kl/slkqf / W6 cg?k 5 < s]; dbfosf dlxf / k?ifx?sf b]6df of]pglx? cfkm]klxrfg u/\$f]; f]Rrs]; d:of xf]< s]; yfn]; d:of lgj f/Ofsf]nflu kof]t :yfglo ; f] ; fwsf]kl/rfng ug{; S5 < s]of]ofhgf] ; dbfosf lk5l8Psf / lj k6g j u6f0{; xofu u5< s]of]ofhgf]cfDbfgl / /f]uf/Lsf]cj ; / lb65 <

- o s] of] ofhgf n] Joj xfl/s n] us cfj Zostfsf ; fy} / ofg] ts n] us cfj Zostfx?nf0{ klg ; Dj f] w] ub5 < -tflnd > vnf efu ! sf] lgb] zsf ! M dlxnf k?if ; dlj sf; ; r] t] gf xg]
- o s] of] lskrfotl / Joj xfl/s 5 <
- o s] o; sf] kl/ offd lbuf] x] f] hf <
- o s] of] ofhgf j ftj / of ; Dj hgzln 5 <
- ; xhstf(h] k] o] s] ; dXnf0{PsPs j6f kl/ofhgf sf] k] ?k tof/ ug{ j f ; j} ; dXnf0{Pp6} ofhgf sf] k] ?k tof/ ug] sfddf nufpg klg ; Sg] g\ . hlt j6f ofhgf x? 5 flgP klg ; j] s] f] ; xdltdf 5 f] g nufpg].

lqmfnsfk ; Vof \$ M ofhgf thof / ofhgf thof (Project Design and Planning)

of]lqmfnsfkdf ; xefulx?n]ofhgf thof / ofhgf thofsf cfwf/et t]jx? jf/]l; Sg5gV ; yfn] sfof]og ug] ofhgf thof ug{ ; Sg5g\ . of]lqmfnsfkdf tn pNny eP cg' f/sf ; xfos lqmfnsfkx? /x\$5gV

o; sf ; xfos lqmfnsfkdf tnsf lj ifo kb5gV

; xfos lqmfnsfk ; Vof \$.! M [ofhgf thof tlnsf](#) (Project Planning Matrix)

; xfos lqmfnsfk ; Vof \$.@ M [kl/ofddvl p27o lqwf{0f](#) (Setting Result - Based Objectives)

; xfos lqmfnsfk ; Vof \$.# M ; [Ysx?](#) (Indicators)

; xfos lqmfnsfk ; Vof \$. \$ M [sfof\]efhg - lqmfnsfkx?](#) (Work Breakdown - Activities)

; xfos lqmfnsfk ; Vof \$.% M [jhof thof](#) (Budgeting)

; xfos lqmfnsfk ; Vof \$.^ M [sfof\]lnsf tof/L](#) (Scheduling of Work)

; xfos lqmfnsfk ; Vof \$.& M [cgludg ofhgf](#) (Monitoring Plan)

;xfos lqmfnsfk ; Vof \$=! M ofhgf thdf tflnsf

p27o M
; xefulx?n]ofhgf thdfsf cfj Zos t]j x?sf gfd efg ; Sg5g\
dhet k7g M
ofhgf thdfsf cfj Zos t]j x?sf]s]s]xg\
; dofj lw M
! 306f .
lj lw M
5nkmm / 9fFfsf]JofVof .
; fdulx? M
GoHlk(6, dfs{, dfl:sE 6k, ; Gbe{ ; fdull ; Vof !) M ofhgf thdfsf lj :t[lj j /Ofx? , ; Gbe{ ; fdull ; Vof !! M ofhgf thdf tflnsfsf]pbfx/Of .
tof/L M
GoHlk(6df ofhgf thdf tflnsfsf]9fFf agfpg].
r/Ofx? M
1= ; xefulx?nf0{pglx? sg}hf sg}kl/ofhgf sf]lj :t[ofhgf tof/ ugdf ; nlg ePsf lyP ls egl ; flg]. pglx?n]To; jhf u/\$f sfd jf/] efg nufpg]. pglx?sf hjfkmf0{ GoHlk(6df l6kf6 ugI. -h:t]M p27ox?, sfo{lj efhg, j h6 cflb_ .
2= klxn]g}tof/ kf/L /fv\$]f] tflnsfsf]9fFf b]f]p6}; xefulx?af6 cfPsf j bfx?; u thgf ugI. o:t]tflnsf tof/ kfg[w]t/Lsf 5g\eb}of]klg Pp6f pkfo xf]egl ; xefulx?nf0{ cj ut u/fpg]. clwsf; tflnsfdf ol j bfx? sg}g sg}9fFfdf /x\$] x65g\
<ul style="list-style-type: none"> ▪ kl/0ffddvl p27ox? . ▪ ; r'sx? . ▪ sfo{lj efhg -lqmfnsfkx?_ . ▪ j h6 .
3= csf]lqmfnsfkdf k]o\$; dxn]pglx?n]klxrfg u/\$]ofhgf thdf ug5g\egl hfgsf/L lbg]. ; xfos lqmfnsfk ; Vof #.%df klxrfg ePsf kl/ofhgf?sf]kg/fj nfg ugI.
; dfkg M
; dfkg cl3 dhet k7g Psk6s b]f]f]ofpg] / k7gsf] p0/ kfg of] 5nkmmn] ; 3fof] ls ; 3fPg < ; xefulx?nf0{ ; flg]. ; xefuldf c:ki6tf eP :ki6 kfgI.

; xfos lqmf snfk ; Vof \$=@ M kl/OffddvL p27o lgwfOf

p27o M	; xefulx ₂ n] kl/OffddvL p27osf] j f/df hfgsf/L xfl; n u/L kl/ofhgf tof/Ldf kofu ug{ ; Sg5g\
dhet k7g M	kl/OffddvL p27o eg\$]s]xf] < c; n p27osf tIj x ₂ s]s]xg< ofhgf thdfubf{kl/OffddvL p27o s; /L tof/ kfgI<
; dofj lw M	! - !-% 306f .
lj lw M	5nkm, ; dxsfo{k}tlts/Of .
; fdulx? M	GoHlkQ6, dfs, dfl: sE 6k, ; Gbe{; fdull ; Vof !@ M kl/OffddvL p27ox? .
tof/L M	GoHlkQ6df kl/OffddvL p27osf] kl/efiff / c; n p27osf cfjZos tIj x ₂ sf] ljj/Of nyl tflnd sf7fdf 6fFg]. ; dx ₂ nf0{ofhgf]p27o tof/ kfg{dfu]gbz]gsf nflu 9fFf tof/ ugI / c6o cfjZos ; fdull hDdf ugI.
r/Ofx? M	1= klxNo} tof/ kf/L /fv\$]f] kl/OffddvL p27osf] kl/efiff b]f]p6} c; n p27osf cfjZos tIj x ₂ af/df 5nkm ugI. ; dlj sf; ; dfof]ht pbfx/Ofx? lbg]. p27o -c]ksflng / lglb6_ / nlo -lb3\$fnlg_ alrsf]; DaGwsf]JofVof ugI. 2= ; xefulx ₂ nf0{o; cl3 tof/ ePsf]kl/ofhgf cg; f/sf ; dxdf g}ljefhg ugI. klo\$; dxnf0{## j 6f p27ox ₂ nVg nufpg]. ; xof]usf nflu ; xhstf] tof/ u/\$]9fFf klg p27ox ₂ tof/ ugdf kofu ug{; lsg]5 . -; Gbe{; fdull ; Vof !@ M kl/OffddvL p27o jf tn lb0Psf]; xhstfx?nf0{; emj xgI . ; dx?n]dh; qdf k}tt ug\$] nflu p27ox ₂ GoHlkQ6df nVgkb5 . 3= p27ox ₂ nVg]; dx sfo\$ nflu #) ldogdf ; do lb0{dh; qdf k}tlts/Ofsf nflu ehf ugI. Pp6f ; dxn]k}tlts/Of ul//x\$] ahf c ₂ ; dx ₂ n]?h' tflnsf (Checklist) kofu u/L kZ ul/Psf p27ox?sf]nyfhyf ugkb5 . 4= ; xefulx ₂ nf0{?h' tflnsf cg; f/ klo\$ p27ox ₂ sf]; ldIf ug{nufpg]. s]ol c; n p27osf]dfkb08 cg; f/ 5g< egl k7g ; flg].
; dfkg M	; dfkg cl3 dhet k7g Psk6s b]f]f]ofpg] / k7gsf] p0/ kfg of] 5nkmn]; 3fof]ls ; 3fPg < ; xefulx?nf0{; flg]. ; xefuldf c:ki6tf eP :ki6 kfgI.

; xhstf{f0{; enj

- p2]osf]pbfx/of G-SMART xg' kb5 .
 G Ò Gender Sensitive -n]us ; jhgzn_
 S Ò Specific -lg]b]6_
 M Ò Measurable -dfkg of]o_
 A Ò Achievable -k]t ug{; lsg]
 R Ò Realistic/ Result Oriented -j f:tlj s÷kl/0ffddvl_
 T Ò Time bound -; doj 4_
- ; dx?nf0{p2]o tof/ ubf{; xof]u k/d]pg tn p]n]y eP cg; f/sf]9fFf pkn]w u/fp]M x]k]g]

kl/j t]af6 nfe]g] t xg] j u\$]klxrfg	kl/j t]sf]lsl; d j f p]kfbgsf]klxrfg	kl/j t]sf]dfqf	; dofj lw

; xfos lqmf snfk ; Vof \$-# M ; r'sx;

p27o M
; xefulx;n]sfo{; Dkfbgsf jf kpltsf æ; r'sx;Æ kl/eflft ug{/ kl/0ffddvl p27ox;sf nflu ; r'sx; tof/ ug{; Sg5g\
dhet k7g M
; r's eg\$ s]xg\ kl/ofhgfsf]kplts b]fp s:tf ; r'gfx? kofu x65g\
; dofj lw M
! 306f .
lj lw M
k7gfQ/, 5nkm, / JofVof .
; fdulx? M
GoHkQ6, af\$ dfs, dfl:sE 6k, ; Gbe{; fdull ; Vof !# M ; r'sx; .
r/Ofx? M
1= ; xefulx? jlr tnsf k7gx; /Vg]M <ul style="list-style-type: none"> ▪ olb ; dX jf ; dbfon]sg}lglZrt lbzdf klg]ofhgf sfofj og ubf{cfknk; ; xl lbzdf u0/x\$ 5f}eg] s; /l yxf kfg]< ▪ pglx;n]; xl lbzdf e0/x\$]kplts s; /l yxf kfg]< sg]kg sfd e0/x\$ b]vg]; \$] jf ; r'gf g); r's xg\egl JofVof ug]. ; r's eg\$] lglb6 nlo jf p27o klltsf]n]yfhf] jf dfg ug{kofu ul/g]; r'gf xf].
2= ; Vofds / u0ffds ; r'sx;sf]leGtf af/df j Ofg ub]c; n ; r'ssf u0fx; j f/]JofVof ug]. o; nf0{/fd/l j empg pbf/Ofx; lbg].
3= 5flgPsf kl/ofhgf cg; f/sf ; dXx; agfpg] . k]o\$; dXnf0{ ; xfos lqmf snfk ; Vof \$-@ df pglx;n] agfPsf kl/0ffddvl p27ox;sf] nflu tlj 6f ; Dd ; r'sx; agfpg nufpg]. ol ; r'sx; tof/ ug{cfj Zos tYof\$; sng ug{kofu ul/g]lj lw j f/] hgsf/l lbg].
4= ; dX sfo\$]nflu #) ldg\$] ; do lbg]/ pglx;n]tof/ kf/\$f ; r'sx; dh; qdf k]tt ug{e]f ug]. Pp6f ; dXn]; r'sx; k]tt ul//x\$]a]f c6o ; dXx;n]?h' tlnsf (Check list) kofu u/l k] ul/Psf ; r'sx?sf]n]yfhf]f ug]k65 .
5= ; xefulx;n]f0{?h' tlnsf cg; f/ k]o\$; r'ssf]; dlff u/l s] ol ; r'sx; dfkb08 cg; f/ 5g\ egl ; flg].
; dfkg M
; dfkg cl3 dhet k7g Psk6s bxf]ofpg]/ k7gsf]pQ/ kfg of] 5nkmn]; 3fof]ls ; 3fPg < ; xefulx?nf0{; flg]. ; xefuldf c:ki6tf eP :ki6 kfg].

; xhstff0{; emj
<ul style="list-style-type: none"> ▪ lj leG ; 3 ; yfx?n] æ; r'sÆ z]bsf] cjwf/0ffnf0{ j]nf]n} tl/sfn] kl/eflft ubf{cNdlng kl; Sb5g\; fy}o:nf0{ kl/ofhgfsf lj leG tlj / cj:yfdf kofu ug{; lsg5, h:t}M sfo{kpltsf ; r'sx?, ; dlj sf; ; dfofhgfsf ; r's, cfw/ lrgsf ; r's (Bench Mark Indicator), c; n kl/ofhgf Joj:yfkgf ; r's cflb . of]; dXsf]lqmf snfkdf æ; r'sÆ z]bn]; r'em]kl/ofhgfsf]ck]lft kl/0ff; # ; Dj 6w /Vb5 . ; r's eg\$]kl/ofhgfsf]ck]lft kl/0ffdx? ; kmntf] \$ k]t eof]ePg hfRgsf]nflu kofu ug{; lsg]lglb6 ; r'gfx?sf]cz xf]. ▪ ; xhstff]; r's / p27o jf ck]lft kl/0ffd Ps}x06g\leG]s/f j t]fp] kb5 . kl/ofhgfn]k]t ug{ vfh\$] ; r's xg, kl/0ffddvl p27o xf]. sg]Pp6f p27osfnflu lj leG ; r'sx? xg ; Sb5gV loglx? j blng kl; Sb5g\ t/ p27ox? h:tsf]t:t}/x65g\

; xfos lqofsnfk ; Vof \$-\$ M sfofj efhg lqofsnfk

p27o M
; xefulx; n]ck]lft kl/Offd xfl; n ug]lqofsnfkx; sf]klxrfg u/l ofhgf agfpg ; Sg]5g\
dhet kZg M
kl/Offddvl p27o k]ktsf nflu s:tf lqofsnfkx? ; #fng ug] <
; dofj lw M
! - @ 306f .
lj lw M
; dX sfo{ dh; qdf k]tits/Of / 5nkln .
; fdulx? M
GoHlk06, dfs{, dfl:sE 6k, ; Gbe{; fdul; Vof !\$ M lqofsnfk thf .
tof/L M
GoHlk06df lqofsnfk, p27o -c]ksfnlg kl/Offd_ / nlox; -lb3\$fnlg / lj:t] kl/Offd_ alrsf]c]t; DaW e]msfp]l]r]q agfpg]. ; dXsfo\$] nflu gd]f 9fFf tof/ ug] / c]o cfj Zos ; fdulx; h]df ug].
r/Ofx? M
1= ; xefulx; n]o; cl3g]j sf; u/\$f p27o / ; 'sx; sf]; ld]ff ug]. ofhgf thf]sf]csf] r/Ofd p27o k]ktsf nflu ; #fng ul/g] dVo lqofsnfkx?sf] klxrfg ul/g] af/] ; xefulx?nf0{h]gsf/l lbg]. lqofsnfk, p27o / nlox; alrsf]c]t; DaW b]yf0Psf]l]r]q k]z]g ug].
2= lqofsnfkx; sf]j sf; ug\$]nflu gd]f 9fFf afB]g]/ ; xefulx; # o; sf]; ld]ff ug].
3= ; xefulx; nf0{ kl/ofhgf cg' f/sf ; dXdf lj efhg u/l k]o\$; dXnf0{ kl/Offddvl p27ox; sf]k]ktsf nflu ul/g]lqofsnfkx; sf]vfn] 9fFdf eg{nufpg].
4= ; dX sfo\$]nflu ! 306fsf ; do lb0{dh; qdf k]tits/Of / 5nk]msf]nflu ehf ug].
5= thf ul/Psf lqofsnfk / ck]lft kl/Offd alrsf]; DaW af/] 5nk]m u/fpg].
; dfkg M
; dfkg cl3 dhett kZg Psk6s b]f]f]ofpg]/ kZgsf]p0/ k]fpg of] 5nk]mn]; 3fof]ls ; 3fPg < ; xefulx?nf0{; f]g]. ; xefuldf c:ki6tf eP :ki6 kfg].

- ; xhstf]f0{; e]fj
- oxF]b0Psf] 9fFsf] gd]f s] n pbfx/Ofsf] nflu dfq xf]. ; xefulx?n] k]f]u ug] u/\$f 9fFsf] cfwf/df j]n]gd]fx? klg k]f]u ug]; lsg]5 .
 - ; xhstf]f]; dXx?nf0{lqofsnk]sf]gd]f eg]sfddf ; 3fpg ; j}; dXdf kfn]kfn]klul ; Nnfx, ; e]fj / pbfx/Ofx? lbg' kb5 .

; xfos lqofsnfk ; Vof \$-% M ahð thdf

p24o M
; xefulx ₂ n]kl/ofhgfsf nflu cgdflgt ahð tof/ ug5g\
dhet k7g M
k tflj t kl/ofhgfsf]nfut s; /l cgdfig ugI<
; dofj lw M
! ÷ 306f .
lj lw M
; xhstf[sf]cu]f0df 5nk1m, ; dXsfo{/ dh; qdf k tits/of .
; fdulx? M
GoHk06, dfs, dfl:sE 6k .
tof/L M
GoHk06df ahðsf cfwf/et cux ₂ sf]lj j /of nVg]-; Cbe{; fdull ; Vof M !% ahð thdf, ; dX sfof0{dfulg ₂ ugIahð thdfsf]9fFf gdgf agfpg].
r/ofx? M
1= ; xefulx ₂ sg]hf sg}kl/ofhgfsf]ahð thdf ubf{; xeful ePdf lyP ls < eg] ; flg]. ahð thdf ubf{pglx ₂ n}; djz u/\$f lj leGg s/fx? klxrfg ug{nufpg]. ; xefulsf hjfkmf0{sd{f/l vr{eðof vr{/ c6o vr ₂ h:tf dVo j udf 5\$0fpg]. k om h; f] kl/ofhgfsf nfut vr{f0{0; /l g}>0fla4 u/l j efhg ul/65 egl j tfg].
2= kl/ofhgf cg; f/sf] ; dX agf0{ k o\$; dXnf0{ pglx ₂ n} klxrfg u/\$f kl/ofhgfsf sðfsnfx ₂ df nVg]ahð tof/ ug{nufpg]. ; dXx ₂ nf0{dfulg ₂ ug{klxNo}b]v tof/ kfl//fv\$]ahð tof/l sf]gdgf pknJw u/fpg].
3= ; dX sfo\$] nflu ! 306fsf]; do lb0{k tits/ofsf]nflu dh; qdf ehf ug]. ; dXx ₂ n] ahð tof/ ubf{b]VPsf ; d:of dflj 5nk1m u/fpg].
; dfkg M
; dfkg cl3 dhet k7g Psk6s b]f]ofpg]/ k7gsf]p0/ kfg of]5nk1mn]; 3fof]ls ; 3fPg < ; xefulx?nf0{; flg]. ; xefuldf c:ki6tf eP :ki6 kfg].

; xhstf{f0{; emj
<ul style="list-style-type: none"> ▪ ; xhstf{h]; dXsfo{cjlwe/ ; j}; dX ; dlf kul, pglx?nf0{cfj Zos ; Nnfx / ; emj lb0{ ; xof] ug{kbs . ▪ lj leGg ; yfx?n]j]nf j]n}9fFfsf]kðf] ub5g t/ of]thgf]ds ?kdf ; lhnf]/ pkof]ul 9fFf xf] eGg]s/f ; xhstf{h]j tfg].

; xfos lqmfnsfk ; Vof \$=^ M sfo{flnsf tof/l

p2]o M
; xefulx; n]ofhgf sfo{fj og sfo{ofhgf s; /l agfpg]eG]j f/df hfgsf/l xfl; n ug5g\
dhet k7g M
lgwf/t lqmfnsfkx?sf]sfo{flnsf s; /l j gfpG]<
; dofj lw M
@ 306f .
lj lw M
; fgf ; dX 5nkm (Buzz group Discussion), k t ts/Of / JofVof .
; fdulx? M
Gohk06, dfs, ; Gbe{; dull ; Vof M !^ sfo{flnsf .
tof/l M
cfj Zos ; fdulx; h0df ugI ; dX sfo{f0{dfulg0z ugI sfo{ofhgf]gd0f tof/ kfgI.
r/Ofx? M
1= sfo{tflnsfn]s]ugI slxn]ugI/ s; n]ugI eG] h:tf s/fx; lglb06 ugI xBf o; sf] dxIj df hf0 lb0{5nkm u/fpg].
2= kl/ofhgf cg' f/sf]; dX agf0{pglx; n]klxrfg u/\$f lqmfnsfkx; sf nflu sfo{flnsf agfpg nufpg].
3= ; dX sfo{sf] nflu ! 306fsf]; do lb0{dh; qdf k t ts/Of / 5nkmsf]nflu ehf ugI.
; dfkg M
; dfkg cl3 dhet k7g Psk6s bxf]ofpg]/ k7gsf]p0/ kfg of] 5nkmn]; 3fof]ls ; 3fPg < ; xefulx?nf0{; flg]. ; xefuldf c:ki6tf eP :ki6 kfgI.

; xhstf{f0{; eifj

sfo{ofhgf]gd0f kl/ofhgf]cfj Zostf cg' f/ kl/j t0 ug{; lsg]ePsf]h]; xhstf{f]of]slxn]/ s; /l ug{; lsg5 eG]pbfx/Of lbg' kb5 .

; xfos lqofsnfk ; Vof \$-& M cgludg ofhgf

p2o M
; xefulx; n]kl/ofhgfx?sf]cgludg ofhgf tof/ ug]lj lw hfg5g\
dhet kZg M
kl/ofhgfx; sf]cgludg ofhgf s; /L tof/ ug]k
; dofj lw M
@ 306f .
lj lw M
; dx sfo{ dh; qdf k}tts/Of / 5nkmn .
; fdulx? M
Gohlk(6, dfs{, dfl: sE 6k, ; Gbe{; fdul; ; Vof M !& cgludg ofhgf .
tof/L M
Gohlk(6df cgludg ofhgf sf]9fFf agfpg] c6o ; fdul e]hf kfg].
r/Ofx? M
1= ; xefulsf hf]8lnf0{tnsf kZgx?dfly 5nkmn u/fpg]M <ul style="list-style-type: none"> ▪ cgludg e]gn]s]alen5 < ▪ kl/ofhgf sf]cgludg lsg dxTj kOf{5 < ▪ lj z]fu/L s]s'fx; df cgludg ug]kb5 <
2= hf]8l 5nkmnsf]nflu !% ldg]sf]; do lb0{dh; qdf pglx; n]tof/ u/\$f dVo j Bf k}tt ug{nufpg].
3= cgludg / dNofs; gdf n]us ; Dj hgZln tf xg' dxTj kOf{5 e]g]s'/fdf hf]8 lbg].
4= Gohlk(6df n]vPsf]cgludg sf]9fFf gd]f b]vfp]o: sf k]o\$ dxn / a]fx; n]s: tf] dxTj /Avb5 j Of] ug].
5= kl/ofhgf cg; f/sf]; dx agf0{pglx; sf]kl/ofhgf cgludg ofhgf k/f ug{nufpg].
6= ; dx sfo\$]nflu ! 306sf]; do lbg]/ dh; qdf k}t't ug{nufpg].
7= cgludg ofhgf sf ?k/vfx; n]us ; Dj hgZln 5g\ls 5]g\ 5nkmn u/fpg].
; dfkg M
; dfkg cl3 dhet kZg Psk6s b]x]ofpg] / kZgsf] pQ/ kfg of] 5nkmn]; 3fof] ls ; 3fPg < ; xefulx?nf0{; f]g]. ; xefuldf c:ki6tf eP :ki6 kfg].

; xhstf(6f0{; emj

; xhstf(]cgludg ofhgf sf]?k/vf / k\$]fnf0{n]us ; Dj hgZln agfpg' dxTj kOf{5 e]g]s'/fdf hf]8 lbg].

lqmfnsfk ; Vof % M lgisif{- n}us ; Dj hgZln ofhgf thdf / sfoffj og (Conclusion: Gender-Sensitive Project Planning and Implementation)

p2]o M	; xefulx;n]n}us ; Dj hgZln ofhgf thdf / sfoffj osf]?'h' tflnsf (Checklist) lj sf; ug{ ; Sg\$g .
dhet kZg M	; :yfx;n]thdf / sfoffj og u/\$f kl/ofhgf? n}us ; Dj hgZln eP gePsf]n}yfhf]f ug{ s:tf dfubZg (Guidelines) kofu ugI<
; dofj lw M	@ 306f .
lj lw M	5nkm, 9fFf gd}fsf]kofu ; DaGwl JofVof, ; r'gf kZf]vg / k;t]ts/of .
; fdulx? M	GoHlk6, dfs/, dfl:sE 6k, ; Gbe{ ; fdull ; Vof !* M n}us ; Dj hgZln ofhgf thdf / sfoffj og dfubZg .
tof/L M	cfj Zos ; fdulx; hDdf ugI.
r/ofx? M	1= of] tflnd lgb]Zsdf xfdn] ofhgf thdf k\$ofsf] n}us ; Dj hgZln tfnf0{x]v/x\$ 5f)/ To; df xfdn] kl/ofhgf 5gr6, kf?k tof/L / sfo{ ofhgf tof/L ugI sddf dlxfn k?if ; dlj sf; ; dfollht ugI sxl pkfox; klg x] \$f 5f) egl cj ut u/fpg]. Wofg lbg of]o s/f s]5 eg] ofhgf thdf ugI qmddf n}us ; dfollhg ug{h?/L 5, t/, olb kl/ofhgf sf] kf?k tof/ ubf{o; nf0{ ; fj wfgk} \$ n}us ; Dj hgZln agf0Psf] 5 eg] klg, n}us ; Dj bZln 9uaf6 o; sf] sfoffj og x65 g) e6g] h?/L 5g . t; y{ sfoqmd Joj :yfxsx;n] n}us ; Dj hgZln 9uaf6 kl/ofhgf sfoffj og eP gePsf] lglZrt ug{ lg/t/?kdf xfl]; of/L ckgfpg' kb5 .
	2= of] lgb]Zsfsf] ; dfkg ugI lqmfnsfksf] ?kdf, ; xefulx;n] pglx; sf] ; :yfn] elj iodf ofhgf thdf / sfoffj og ubf{lgoldt; kn]kofu ug{ ; lsg] n}us ; Dj hgZln dfubZg ugI ?h' tflnsf (Checklist) sf] lj sf; xg\$ egl cj ut u/fpg].
	3= tlj 6f ; dx agf0{ k]o\$; dxnf0{ kl/ofhgf 5gr6, thdf / sfoffj osf] nflu n}us ; Dj hgZln dfubZg tof/ ug{nufpg]. ; dx;n] nf0{lgDgfg; f/sf lj ifo lbg]M
	<ul style="list-style-type: none"> ▪ ; dx ! nf0{n}us ; Dj hgZln kl/ofhgf 5gr6 dfubZg ▪ ; dx @ nf0{n}us ; Dj hgZln kl/ofhgf sf] kf?k / ofhgf thdf dfubZg ▪ ; dx # nf0{n}us ; Dj hgZln kl/ofhgf sfoffj og / cgludg dfubZg
	4= ; dx sfo\$] nflu \$% ldg6sf] ; do lb0{dh; qdf pglx; sf] dfubZg k]tt ug{nufpg]. Pshgf k]tj }s 5fgl ckmh] tof/ u/\$f] dfubZg ; dx;n] k]tt ubf{GoHlk6df l6kf6 ug{nufpg].
	5= 5nkmaf6 tof/ ePsf] dfubZg sf] ; ldlff ugI. ofhgf thdf / sfoffj og k\$ofnf0{n}us ; Dj hgZln agfpg ; :yfx?n] ckmh] ofhgf / sfoffj og klqmfnsf] jf/Dj f/ ; ldlff ug{ dx]j kof]5 e6g] s/fdf hf\$ lbg].
; dfkg M	; dfkg cl3 dhet kZg Psk6s bfx] ofpg] / kZgsf] pQ/ kfg of] 5nkmmn] ; 3fof] ls ; 3fPg < ; xefulx?nf0{ ; flg]. ; xefuldf c:ki6tf eP :ki6 kfgI.

;xhstff0{;efj

- ;#ffx?n]n]us ;Dj hgzn dfu6z6 cjndjg u/l cfknyf ;j}lqmfnsnfknf0{n]us ;Dj hgzn agfp6 ;Sb5g\eg]s/fdf kpfz kfg].
- k|tj]sn];dxx?n]tof/ u/\$f dfu6z6sf]l6kf6 tof/ ug{k65 . ;xhstff]to;sf]5f6f k|tx? jgf0{;dxx?sf efj] kpf]hgsf nflu lj t/of ug{k65 .

v08 # M ; Gbe{; fdullx?

; Gbe{; fdull ; Wof #! M ; fdblos lj sf; sf cj wf/Off
; fdbflos lj sf;

; fdbflos lj sf; cj wf/Offsf b0{tJj x? xG5gW
æ; dbfoÆ sf tJj x? /
ælj sf; Æ sf tJj x? .

; dbfo eg\$[f]; dfg rfxgf / ; Dj Gwx?n]j fFwPsf dflg; x?sf]; dX xf]. o:tf ; dfg j Gwgx? efuf]hs -
-Pp6}; yfg j f lhnndf j :g], cfly\$ -Pp6}kzf h:t}sf[s ; dbfo_ j f ; fdf]hs -h:t}blnt ; dbfo_
xg ; Sb5g\

ælj sf; Æ zJbdf tlgj 6f cfwf/et tJj x? ; lDdInt ePsf 5gW!_ kl/j tG @_ ; wf/ / #_ lbufkfg .
-o; sf]nflu tfInd >vnf efu ! sf]lgb]zsf # M dlxfn k?if ; dlj sf; xG]

- kl/j tG h:t}M sXl gofFj f leGg s/fx? k|tt u5{
- ; wf/ h:t}M cem j 9l /fd]sf]nflu kl/j tG
- lbufkfg h:t}M kl/j tG j f ; wf/sf]lg/Gt/tf, Ps k6s dfq xg]36gf xf0G

o; /l] ; fdbflos lj sf; eg\$[f]; dbfosf ; dXsf] cfly\$ / ; fdf]hs cj :yfx?df lbuf]kdf ; wf/ ug]
k\$6f xf].

; xefuldhs ; fdbflos lj sf;

; xefuldhs ; fdbflos lj sf; n] ; fdbflos lj sf; k\$6fdf ; dbfosf ; b:ox?sf]; xefultfnf0{hf8
lb65 . of] lbuf] cfd-lj sf; sf nflu :yfglo lfdtfsf] lj sf; ug{ dlxfn / k?if bj \$[f] k6j sf/l
; xeflutfdf s]b6t 5 . o; n]cj ; /x?sf] vfh]l, klxrfg / ; [ngf u/l ; dbfosf ; j }dflg; x?sf] hlj g
:t/df ; wf/ ug{ :yfglo ; ft]x?sf]lj Zn]f0f / kl/rfng j f/]hfgsf/l u/fp65 .

; dlj sf; / ; fdbflos lj sf;

; fdbflos lj sf; k\$6fdf n]us d2fx?nf0{; dfj] ug{lbuf] lj sf; sf nflu cfj Zos ePsf] s/fnf0{
Jofks?kdf :jlsf/ ul/Psf] 5 . dlxfn / k?if bj }lj sf; k\$6fsf]s]blj Gbdf /x\$[f]/ o:sf jf:tJj s
:jfdlsf] ?kdf x]Psf 5g\ . To; sf/Of lk5l8Psf dlxfn / k?if ; d] ; j }dlxfn / k?ifn] lj sf;
lqmfnsnfksf lg0f6 k\$6fdf ; s6?kdf ; n]lg xg' kb5 . o; qm]df lk5l8Psf dlxfn / k?ifx?nf0{
lj sf; k\$6fdf Nofpgsf nflu ; u]7t k6f; sf]cfj Zostf kb5 .

; Gbe{; fdull ; Wof @ M dlxnf / k?if bj \$f]; xeflutfsf]dxTj (Importance of Participation of Both Women and Men)

; fdbflos lj sf; kl/ofhgfsf]thof / sfofTj ogdf dlxnf / k?if bj \$f]; xeflutf xg' lsg dxTj kOf{5 eG]s/fsf w]sf/Ofx? 5gW

- 1= ; xeflutfn]kl/ofhgfsf nlo / p27ox?; ; dbfosf dlxnf / k?if bj \$f JolQmut hljgsf rfxgf / cfj Zostf cg?k agfpg ; xofU ub5 .
- 2= ; xeflutfn]; dbfosf]sfdsf nflu kl/ofhgfn]5fg\$ f t/Lsf / lqmfnsnfkx?nf0{cem j 9L kefj sf/L / szn agfpg ; xofU ub5 .
- 3= ; xeflutfn] kl/ofhgfk|t klTj 4 u/f0{ ckgTj sf] efjgdf j [4 ub5 . km:j?k, kl/ofhgfx?n]ck|lft kl/Ofdx? k|t ug]; Defj gf j 9x5 .
- 4= ; xeflutfsf] kefjn] lgOf6 k\$Ofdf ofUbfG u/L dlxnf, u/Lj / lk5l8Psf ju{ ; lxt ; dbfosf ; DkOf{dfg; x?sf]; zIQms/Of ub5 .
- 5= ; xeflutfaf6 kOfustf{/ pkefQmf? ; Gt16 e}pknlw ; Jfnf0{cem j 9L lbuf]j gfpG d2t ub5 .
- 6= dlxnf / k?if bj \$f]; xeflutfn] dlxnf k?if ; dlj sf; / u/LjLsf sfOfmd sfofTj ogdf s|bt e0{l j wdfg c; dfg ; Dj Gwx?nf0{; Gthg ug{vfl]b5 .
- 7= lbuf]; Jfx? Jofks ?kdf pkofU xg]/ kefj sf/L xG5g\ ; xeflutfn]; Jfx?sf]:t/df ; wf/ ug{ofUbfG ub5 .
- 8= ; xeflutfn]kl/ofhgfnf0{cem j 9L kefj sf/L j gf0{o; sf]lbuf]kgdf ofUbfG ub5 .
- 9= ; xeflutfsf]k\$Of :j odh]j Xt n]us ; r]gdf ofUbfG ub5 / o; sf kf7x?n]; xefulsf ; d:of ; dfwfg ug]/ j fl-5t kl/j tG Nofpg]; lkdf j [4 ug{; xofU ub5 .

; Gbe{; fdull ; Wof # M ; xeflutfsf lsl; d / txx? (Types and Levels of Participation)

; xeflutfnf0{ j ul\$ / of ug{; lsg]w}t / lsfx? 5g\h:t}M

- 1= kl/ofhgf thdf / ; jf kbfq ug{sfddf ; mlgtf cyjf pkefQmsf]?kdf dfq ; Unlgtf .
- 2= kl/ofhgf thdf / sfoffj ogdf lgisb cyjf ; sb ; xeflutf .
- 3= kl/ofhgf thdf, sfoffj og, cgludg cflb lj leG j jhfsf]; mlgtf .
- 4= lg0f6 ug{txdf cyjf sfoffj og txdf ; Unlgtf .
- 5= cNksflng ; mlgtf cyjf bl3\$flng ; Unlgtf .

kl/ofhgf thdf / sfoffj ogdf ; xeflutf

lgisb]v ; sb ; Dd u/L ; xeflutfsf w}lsl; dx? 5g\W

- 1= bz\$sf]?kdf ; xeflutf - -lgisb ; xeflutf_
- 2= ; rghdf ; xeflutf - ; rgh lbg]sfd dfq_
- 3= lj rf/x?sf]cfbg kbfqdf ; xeflutf - -k/fdz{
- 4= cfly\$; xofu j f ; fdull -lhG; L_ ; xofudf ; xeflutf
- 5= ; jf kbfq ug{ ; xeflutf - - ; sb ; xeflutf_

kl/ofhgfaf6 knfObfsf]nflu ; xeflutf

- 1= 1fgsf]knfObf lng
- 2= ; fdflhs knfObf lng
- 3= cfly\$ knfObf lng

ofhgf ramsf lj leG j jhdf ; xeflutf

- 1= ofhgf thdf ubf{
- 2= ofhgf sfoffj og ubf{
- 3= ofhgf cgludg ubf{

; Gbe{; fdull ; Wof \$ M 3/ agfpg]v]h (House Construction Game)

b]o (Scenario)

xfdl ; j}; fgl]8Efd ofqf ul//x\$]j hf 7hf]cfwL cfPsf]sNkgf u/f; w]}kbf; kl5 xfdl hldgdf kl5f]- / cf>osf]vflhl ubf{s}klkg kfpbf}. cGtdf b0Hgf Jofkf/Lx? 3/ agfpg] ; fdg? jf\$] xfdllt/ cf0/x\$]f b]5f}. pglx?nf0{3/ agfpgsf] nflu s] ol ; fdg? xfdl lsg ; S5f}eg] ; flbf}. tl dflg; x?n]gubdf ge}; dfg dNof cGo ; fdulx?; u ; f6g]0R5f JoQm u/kl5 xfdln] pglx?sf] of] k]tfjnf0{:jlsf/ u/af}.

tof/L

- 1= 3/ agfpg] ; fdulx? hDdf ug]. ; xhstf] ; xefulx?sf] ; Wofsf] cfwf/df sltj6f 3/ rflxg]xf] lgsOf] u/L ; j}3/sf nflu cfj Zos kg]kof]t ; fdulx?sf]Jo] :yf ug]kb5 . :yfglo :t/df kf0g] ; fdulx? g]ng'kb5 .
- 2= 3/ agfpg] ; fdulx?sf]dNo ; Fl agfpg]- -tn lb0Psf]pbfx/of xg]
- 3= ; xefulx?n]3/ agfpg] ; fdg; u ; f6g]sf]nflu JoQmut ; fdulx?sf]dNo ; Fl agfpg]. ; xefulx?n]t?Gt} ; fdulx? kfp] ; sg\egl ; xhstf] ; fdulx?sf] ; Fl agfpg' kb5 . pbfx/0fsf]nflu ; fdulx?df nufpg]s/fx? Ml:j 6/, sf, 6fkl, hQf ; f8l, sldh, kf06x?, u/-uxgxf?, sfozfnf uf]7sf ; fdulx? h:t}M snd / kl:tsfx? cflb . ; xhstf] ; Fl agf0{ltglx?sf]dNo lglb6 ul/lbg' kb5 . dNo tflsPkI5 ; f6g]sddf w]} ; lhnf]xg5 . ; xefulx?n]lgdff ; fdulx? k]t ug{oy}6 xg]u/L ; fdulx?sf]dNo lgwf{0f ug}kb5 . t/ dNo lgwf{0f ubf{ ; fwf/0ftof lbg c7of/f]kg]j :tx?sf]dNo j 9l /fVg' kb5 . ; xefulx?sf w]}dNo kg]j cEof; sf]j hf x/fpg ; Sg] ; fdulx? oyzSo /fVg glbg].

r/Ofx?

- 1= ; xefulx?nf0{b]o k9] ; g]pg].
- 2= ; xefulx?nf0{v]hsf nflu lgdgfg; f/ Jo]l:yt ug]M
 - ; xhstf]{b0{hgf Jofkf/L dNo]Pssf]eldsfdf xg]g\ ; xhstf]sf] ; xfos jf sg}Ps ; xeful csf]Ps hgf Jofkf/Lsf]?kdf xg]g\
 - Ps hgf ; xefulnf0{ ; j} ; dx?sf] lqmf]snfkx?sf] cjnf]sg u/L l6kf ug{ -cj nf]sgstf{ 5fg].
 - ; xefulx?eGbf j flx/af6 Ps hgf]nf0{ j g\$] 3/sf]dNof]sg ug{/ cEof; sf]cG]odf 3/ e]sfpg]sfdsf nflu 5fg].
 - ; xeful ; Wofsf]cfwf/df af]l ; xefulx?nf0{5 blv cf7 hgfsf] ; dxdf lj efhg ug].
- 3= ; dx lj efhg ug]{clu lgdgfg; f/sf hfgsf/L / lgb]gx? lbg]M
 - k]os ; dxnf0{b] }dNo ; Flsf kl]tx? lbg].
 - ; j]yd ; dx?n]3/ agfpg] ; fdg; u ; f6g]cGo ; fdg? hDdf ug}kb5 .
 - ; dx?n]kof]t dNof ; fdulx? hDdf ul/ ; s]kl5, Jofkf/L ; dl f u0{ ol ; fdg; u 3/ lgdffsf ; fdulx? ; f6g]. ; xhstf]o; /L ; fl6Psf ; fdulx? ; /lft :yfgdf /fvl 3/ agfpg]cEof ; lsPkI5 t?Gt]kmtf{lbg].
 - ; dx?nf0{3/ agfpg]sf nflu #) blv \$% lgd]sf] ; do lbg].
 - 3/ lgdff cj lwe/ cj nf]sgstf]k]os ; dxsf]lqmf]snfk j f/af l6kf ug]g\
- 4= lgo] ug] / e]sfpg]
 - dNof]sgstf]lgdff ePsf]3/sf]dNof]sg u/L To; nf0{e]sfpg]5g\
- 5= ; j]nf0{dh; qdf 5nkmsf]nflu ehf ug].

dNo ; PLSf pbfx/Ofx?

pbfx/Of ! M 3/ lgdfof ; fdulx?sf]dNo M

lgdfof ; fdulx?	dNo ?=
Kffn jf lqkn - -7hf]sfuhsf] tfp jf Gohlk(6 sfuh_	#,))=)
Rff/j 6f j fF	\$(,))=)
sF	!)=)
Dffl:sE 6k	!)=)
8f7L	@)=)
Dffs{	!)=)
3/ lgdfof]nflu cfj Zos ; fdulx?sf] sh dNo ?	&,%)=)

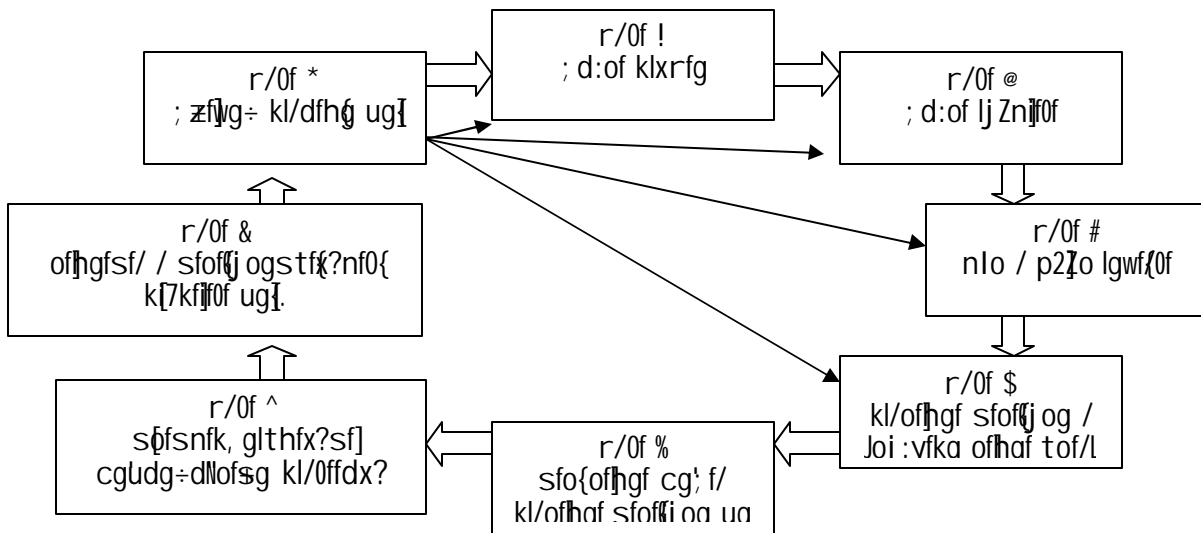
pbfx/Of @ M ; f6g]; fdulx?sf]dNo M

; fdulx?	b/ ?=
l:j 6/	#)=)
sF	@%=)=)
6f7L	!)=)
sldh	#)=)
Kff0(6	%)=)
; f8L	%)=)
Kf5df/f	!)=)
j f; n, g\$ n] j f cf7L	!)=)
snd jf n7g]; fdfg	!)=)

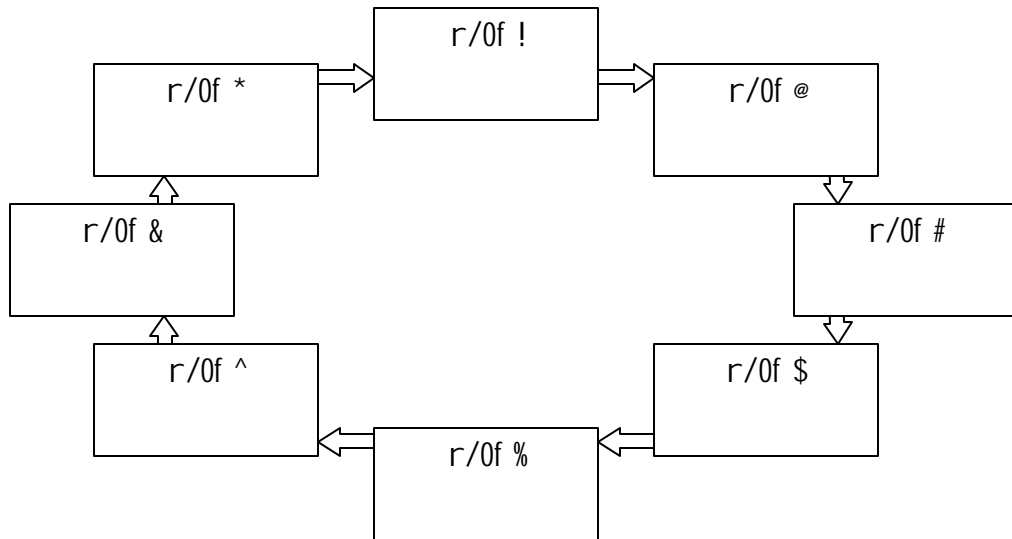
; Gbe{; fdull ; Vof % M ofhgf thdf / sfoflj og rqm (Project Planning and Implementation Cycle)

r/Ofx?	lqofsnfk	pikfbg cyj f kl/Ofd
!=	; d:of klxrfg j f kl/ofhgf sf]s[blj Gb' (focus) lglb{6 ug].	; d:ofsf]klxrfg
@=	; d:of lj Zn]fOf, ; d:of; u; DalGwt ; r'gix? ; sng ug] ; e] cg'; Gwfg_, ; Deflj t ; d:of ; dfwfgsf pkoQm lj lw lgwfxOf ug{ ; r'gix?sf]lj Zn]fOf ug].	cj :yfsf]lj Zn]fOf
#=	kl/ofhgf sf]nlo / p2]ox? lgwfxOf ug].	nlo / p2]osf]lj j /Of tof/
\$=	kl/ofhgf sfoflj og / Joj :yfk g ofhgf tof/ ug].	sfoflj og / Joj :yfk g ofhgf tof/
%=	kl/ofhgf sfoflj og, sfoflj og cg' f/ kl/ofhgf sfoflj og ug].	kl/ofhgf sf]glthfx?
^=	lqofsnfk / glthfx?sf]cgludg=dNofsg ug].	cgludg kl]tj hg
&=	ofhgf sf/ / sfoflj ogstfx?nf0{k[7kf]fOf ug].	
*=	cgludgn]; s] u/]cg' f/ kl/ofhgf df ; zflwg / kl/dfhg ug].	; zflwt / kl/dfh{ ofhgf x?

ofhgf thdf / sfoflj og rqm]pbfx/Of



ofhg thf / sfog rnf]9fFf



; Gbe{; fdull ; Wof ^ M ; xefuldhs ufdLOf nYfhfYf (Participatory Rural Appraisal)

; xefuldhs ufdLOf nYfhfYf Pp6f ; xefuldhs dNofsg lj lw xf] h:df :yfglo dflg; x? hDdf e0{ hfgsf/Lx?sf] lj Znifof ug] ub5g\ . ; fwf/oftof of]:yfglo dflg; x?af/f :yfglo efiffdf ; -rfng ul/g] lj lw xf]. of] lj lwn] Jofks k\$[tsf tYofs Inb0 / ; slnt tYofs klpM u0fflds / ; lldt cfsf/sf gd0fsf dfq xg]ub5g\ . lj Znifofaf6 kkt lgZsifsf] jwtf / lj Zj ; glotf ; lglZrt ug{58s] hF / gd0fx?sf] lj Znifof (Stratified Sampling) ul/g]ub5 .

; xefuldhs ufdLOf nYfhfYfn] lj leGg lj lwx?sf] k0f] ub5 M

- cw{; Art cGtj fff (Semi-Structured Interviews)
- slbt ; dx? (Focus groups)
- gSzf sf] lj lwx? (Mapping Techniques)

pbfx/of M hg; Wof bYfp0] ; fdlhs gS; f, u/ljlsf ; 'sx?, 3/kl/jf/sf] lsl; d, v]lof]o hldg, j ghun cflb bYfp0]; ff] gS; fx? / ultzln tf gS; fx? (Mobility maps)

- kj [Q lj Znifof (Trend Analysis)
- :tl/s/of cEof; (Ranking Exercise)

h:t}M; DklQ jf ; DkGgtf cg; f/ 3/kl/jf/sf]:tl/s/of ug]

- df} dl kfqf](Seasonal Calendar) M

h; n]dflg; x?n] j if{el/sf]sg ; dodf s]ub5g\veg] bYfp5 .

- e0 8foufd (Venn Diagrams) M

h; n]lj wdfg dVo ; 3 ; :yfx?; u sf]; Dj Gw lraqof ub5 .

; xefuldhs ufdLOf nYfhfYfsf] jf/0f lj :t[lj j/of o; } tflnd >[vnfsf] lgb]zsf @ M ; xefuldhs ufdLOf nYfhfYfdf lboPsf5 .

; Gbe{; fdull ; Wof & M n)us b[6sf0faf6 cj:yf / ; d:ofx?sf]lj Znif0f (Analyzing Situations and Problems Through a Gender Lens)

cj:yf / ; d:ofx?

cj:yf j :tx?sf]Pp6f l:ylt xf]. ; d:of j :tx?sf]Pp6f cj:yf xf] h; n]JolQm ; :yf jf ; dbfodf gsf/flds kefj kfb5 . cj:yf ; sf/flds, gsf/flds jf t6:y klg xg ; Sb5 . ; j}; d:ofx? cj:yf xg\eg]; j}cj:yf ; d:of xgg\

cj:yf / ; d:of lj Znif0f

kl/ofhgfx?sf] p27o, /ofglit / lqmfnsnfkx? jf/] plrt lgo6 lngsf nflu cfwf/ agfpg] cj:yf lj Znif0fsf]p27o xf].

cj:yf ÷; d:of lj Znif0fsf tTj x?

cj:yf / ; d:ofsflj Znif0fn] cfj Zostf / ; ft lj Znif0f, sf/of / kefj sf]lgbfg, ; f6ble\$ cg'; Gwfg, 1fg / cgej x?sf]k/Lifof cflbnf0{; dfj z ub5 .

cj:yf / ; d:of lj Znif0fsf cux?

cj:yf / ; d:of lj Znif0f M

1= :ki6 / s[6bt

2= ; xefuldhs /

3= n)us ; Dj hgZln b[6sf0faf6 ; ~rflnt, xgkb5 .

1= cj:yf lj Znif0fsf]:ki6 s[6lj Gb' / p27o xg' kb5 .

of]lglb[6 lj ifo, ; /f\$ / j fnfx?, ; do / dx; ' ul/Psf cfj Zostfx?klt nllft xg' kb5 . olb o; sf] s[6lj Gb' :ki6; u kl/eflft gePdf, of]lj Znif0f cgj Zos ?kdf lj:t[/ dxE]xg]ub5 . ; fy}; xl cfj Zostfx?sf]klxrfg u/L ; km kl/ofhgfx?sf]lj sf; df cfj Zos kg]dxTj kof{hfgsf/Lx? k[kt gxg klg ; Sg]x65 .

pbfx/of Molb sg]u}; n]j xQ/ n)us ; dfgtf k[kt sf nflu kl/ofhgfsf]lj sf; ug{rfx\$]5 eg] ; dbfodf n)us ; Dj hgZlntfsf]l:ylt lj Znif0f ug{plrt xg5 . t/, olb u}; n] jRrf h6dg' clusf]k[6f (Prenatal Nutrition) sf]l:ylt ; wf/ ug{rfx\$]5 eg] lj zlf u/L, ue]tl cfdfx? ; Da6wl, pglx?sf] hljg:t/, k/Dk/fut vfgkfg Jojxf/, zNfs:t/, h6dkj \$f k[6f0fsf] lj ifodf lglb[6 cfj Zostfx? klxrfg ug]h:tf dxTj kof{hfgsf/L xfl; n ug{s[6bt xg' kb5 .

2= ; j}cj:yf lj Znif0f ; xefuldhs 9uaf6 xg' kb5 .

lj Bdfg cj:yfsf] ; dlrt j'em0\$ nflu ; Dal6wt ; j\$] ; xofu lng' kb5 . o; af6, lgwfl/t kfyldstfx? kl't b0 kl'tj 4 e0lj xQ/ ckgTj sf]efjgf tkm{; j}hf0{p6dv u/fp6 d2t ub5 .

3= ; j}cj:yf / ; d:of lj Znif0fdf n)us ; Dj hgZln b[6sf0f kofu ug{kb5 .

; /n cyof, cj:yf / ; d:of lj Znif0f n)us ; Dj hgZln b[6sf0faf6 ul/g' kb5 . sg]klg l:ylt df xlvkg[rf/j6f cfwf/e't an)us k7gx? lgo6fg; f/ 5gM

- dlxfn]s]u56\k?ifn]s]u56\tyf sxf/ slxn]ol lqmfnsnfkx? u56\k
- ; ft, ; fwg, ; j]fx? / lgo6 k\$6fdf s; sf]kxF / lgo6qof 5 <
- lqmfnsnfkx? j]6f s_ / kxF / lgo6qof j]6f v_ sf] :j?knf0{k6flj t ug]; fdlhs / cfly\$ sf/ofx? s]5g\k
- n)us d2fx?nf0{; mlg u/fpg k]tflj t kl/ofhgfn]s]ug{; Sb5÷s]ug{kb5 <

kl/ofhgfsf]kfej sfl/tf, lbuf]kg / ; dtf ; lglZrt ug(n)us b[6sf]faf6 cj :yf / ; d:of lj Zn]fOf xg' dxlj kOf{5 .

olb nus b[6sf]faf6 cj:yfsf]lj Zn]fOf gePdf kl/ofhgf ; kmn xg ; Sb5 . tn lbOf]sf]Pp6f kl/ofhgdf 36]f]pbfx/Of xf] h:df k] f/ sfo]tf?n]kmmkth / t/sf/L pTkfbgdf s; /L ; wf/ ug] eG]lj ifodf dflg; x?nf0{ tflnd lbg] ofhg thf u/\$f lyP . pglx?nf0{ hxfFtflnd ; ~rfng ePsf]lyof] Toxf]f k]oM ; j }dlxnf? kmmkth / t/sf/L v]l ug]sfddf lhDd]f/ 5g\veG]s/fsf] 1fg lyPg . tflndsf clwsf+ ; xeful k?ifx? lyP, lsgeg]pglx?n] ; wfl/Psf]kmmkth / t/sf/L v]t ; DaGwl tflnd lng] O]5f JoQm u/\$f lyP . kl/Ofd:j?k ; xl dflg; x?n] tflnd gkfp] uf]x?sf]kmmkth / t/sf/Lsf]cefj sf] ; d:of oyfj t /lx/x\$]5 . dlxnf?n]tflndaf6 nfe lng gkfPsf]x]f Toxf; dtfdhs Jojxf/ ePg, tflnd kfej sf/L gePsf]n]kmmkth / t/sf/L v]lsf] pTkfbg 36]qmdf /lx/xof] To; h]Tof]kl/ofhg lbuf]klg ePg .

nus lj Zn]fOf lj gfsf]ofhgfn] dlxnf, k?if jf bj]fly pN6f]kfej kfg{ ; Sb5 . pbfx/Ofsf]nflu s]fsf]nflu hun km8fgl u/L v]lof]o hldg agfpgdf nllft Pp6f s]if kl/ofhgfn]hunaf6 j flng]fp/f j 6Ng]sfddf dlxnf?sf]eldsfnf0{j]f:tf u/\$f]lyof]. hun km8fgl e0{j flng]bfp/f / vfgf ksfpg] O]wgsf] ; f]sf]lj gf; n] dlxnf?sf]k/Dk/fut eldsf lgefpg] lfdtf / pglx?sf] kl/jf/df gsf/flds kfej kg{uof]. ofhg thf cj lwdf g)nus b[6sf]faf6 cj :yfsf]lj Zn]fOf u/\$f]eP ol ; d:ofx? x6fpg ; lsG]of].

; Gbe{; fdull ; Wof * M ; d:of klxrfg / lj Znifof (Problem Identification and Analysis)

; d:of Pp6f kl/l:ylt j f cj :yf xf] h; n]JolQm ; :yf j f ; DkOf{; dbfodf gsf/flds kfej kb5 .

ofhgf thofsf]z?j ft ug]lj Gb' sg xf] < kfoM sg}dx; ; ul/Psf]æ; d:ofÆ j f gsf/flds 36gf x6fp6j JolQm j f ; :yfn]sxl ug]rfxgfa6 ofhgf yfln65 . o:tf ; d:of j f 36gfsf sxl pbfx/Ofx? M

- ; dbfodf j f\$; l kyf
- lhNnfd xhfsf]dxdf/l
- pRr j fnd[o"b/
- pRr skfifof b/
- dlxnf lj ?4 lx:f

; d:ofx? lj le6g lsl; dsf 5g\ sltko l:Yfltdf, gsf/flds cj :yfx?nf0{Jofks ?kdf :jlsf/ ul/Psf x65gV kfo\$ JolQm]Tof]cj :yf Pp6f ; d:of xf]egl ; xdt x65g\ pbfx/Ofsf]nflu kfo\$ JolQm] blift vfg]kfglsf]cfl'thf0{Pp6f ; d:ofsf]?kdf g}lng ; Sb5g\ csf]pbfx/Ofdf, dflg; x? sg}c? cj :yfnf0{Pp6f ; d:of xf]e6g]s'fd; xdt gxg ; Sb5g\ g t of]gsf/flds cj :yf xf] g ; sf/flds cj :yf xf]. pbfx/Ofsf nflu sxl JolQm? k?if kxfg 3/kl/j f/nf0{Pp6f gsf/flds cj :yf j f ; d:ofsf] ?kdf x65g\eg] csf]t/ o:nf0{c6on]j f65glo cj :yfsf]?kdf x65g\

hj ; :yfn]sxl ughf0{sg}; d:ofsf]klxrfg u/k15 csf]r/Ofdf ; d:ofj f/]lj :t t hfgsf/l kft ug\$ nflu ; d:ofsf] lj Znifof ug{ kb5 . ; d:of lj Znifofsf] dVo p27o ofhgf sf/x?nf0{ ; d:ofj f/] :ki6 hfgsf/l kbfug ug{xf]. ; d:of lj Znifofn]lgDgfg; f/sf kZgx?sf]; dfwfg lb65 M

- of]s; sf] ; d:of xf] < -; dbfosf s:tf JolQm? j f ; dx?nf0{o; cj :yfn]gsf/flds kfej kf/\$f]5 .
- ; d:of sltsf]uxg 5 <
- ; d:ofsf sf/Ofx? s]s]xg\<
- ; d:ofsf s]s:tf kfej x? 5g\<
- ; d:of ; dfwfg ug\$ nflu plrt kj Z lj Gbx? (Points Of Intervention) s]s]xg\<

; hgf ; u\ u/l ; d:ofx? lj Znifof ug]cglul6t lj lwx? 5g\ pbfx/Ofx? M

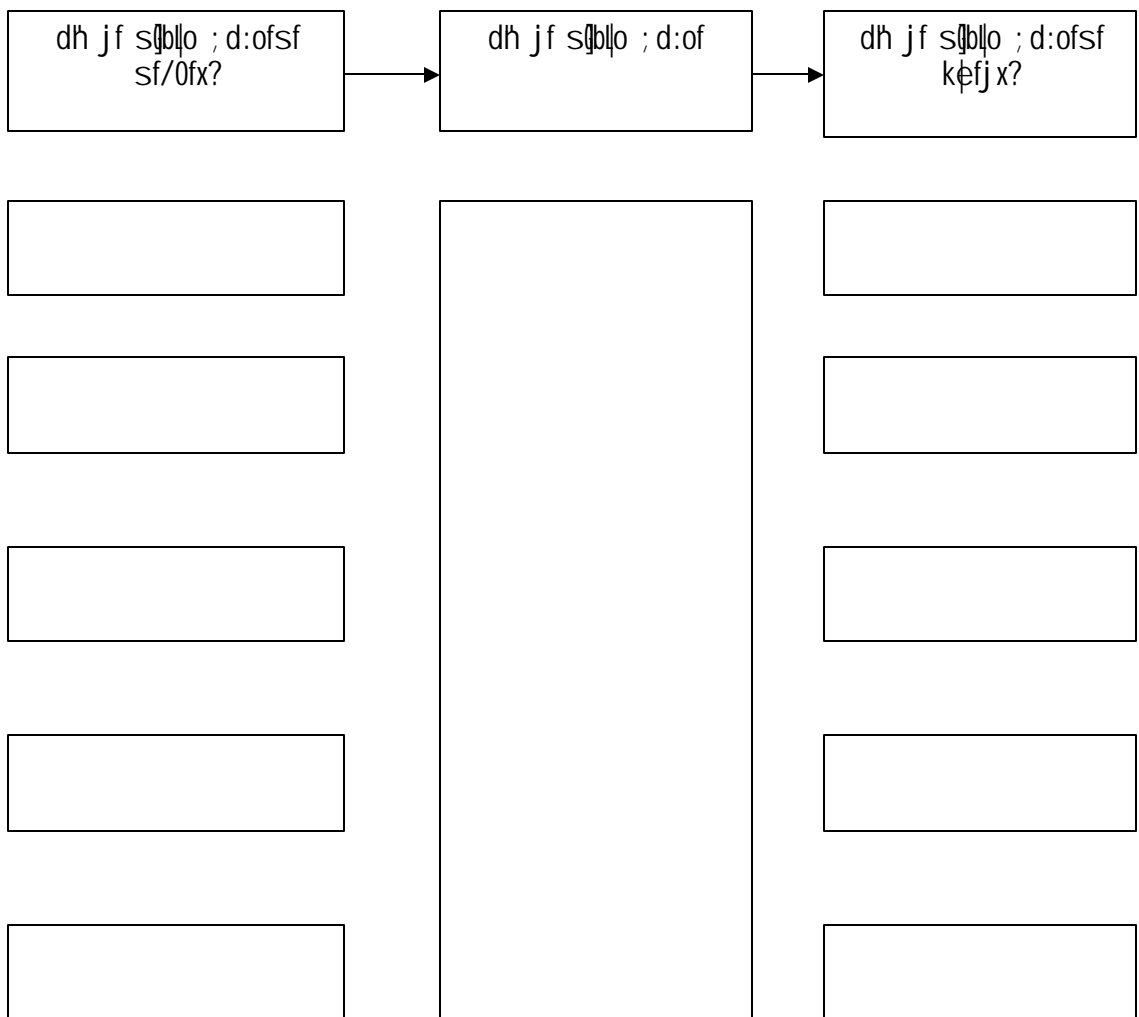
- ; d:ofsf]hfnf]lj Znifof (Problem Chain Analysis) - -sf/Of / kfej _
- ; dxdf slbt c6tj fef (Focus Group Interview)
- cj :yf lj Znifof (Situational Analysis)
- ; j ifofx?
- ; xefuldhs ufldof nyfhf]fsf lj lj w lj lwx?

; Gbe{; fdull ; Wof (M ; d:of lj Zn}f of M sf/of / kfej sf] > vnf (Problems Analysis : Cause and Effect Chain)

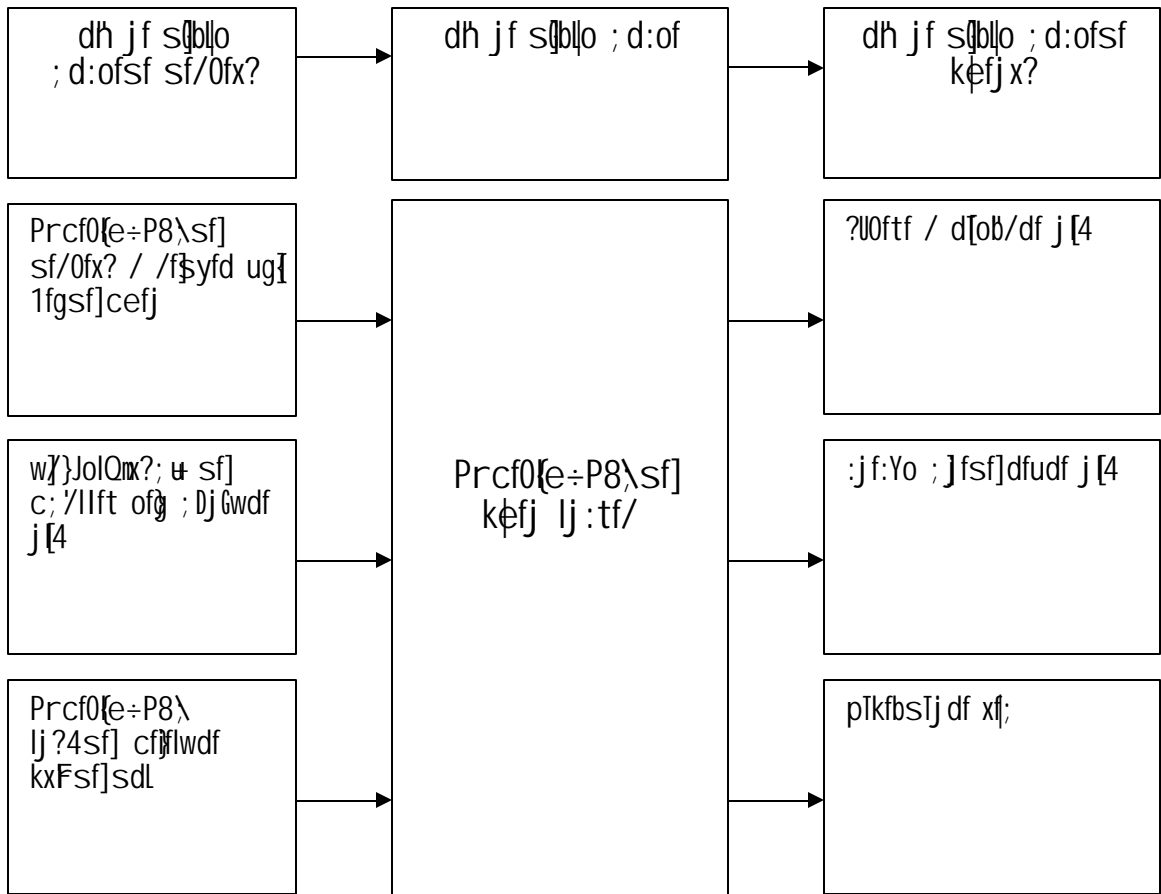
; d:of lj Zn}f of sf kfFj 6f r/ofx? 5gW

- 1= ; d:ofsf]klxrfg ug].
- 2= sf/of / kfej bzffg]; d:ofsf] > vnf (Problem chain) tof/ ug].
- 3= ; j}tjx?sf]; sf/flds / jflG5t (Desired) cj:yfdf kg; /rgf u/L ; d:ofut > vnf (Problem chain) nf0{p2}out > vnf (Objective chain) df ?kft/ ug].
- 4= > vnf sf s8lx? ts{ ut / kof{ePsf]; lglZrt ug{o; sf]; ldlff ug].
- 5= olb cfjZos ePdf ljj/ofx?df ; wf/ ug] cgjZos jf cfj:tljs p2}ox? x6f0{ cfjZostfg; f/ gofFp2}ox? ykg].

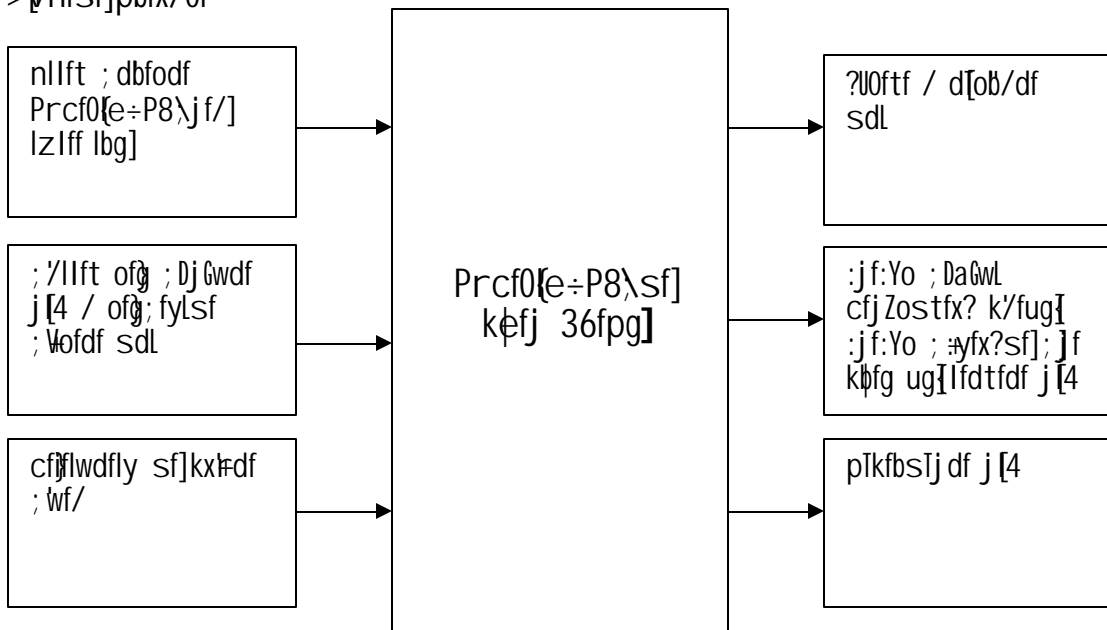
sf/of / kfej > vnf sf]9fFf gdgf



; d:ofut -sf/of / kefj_ >[vnfsf]pbfx/of



p2out >[vnfsf]pbfx/of



; Gbe{; fdull ; Vof !) M ofhgf thdfsf lj :t[lj j /Ofx? (Project Planning Details)

kl/ofhgf sf bl3\$fnlg nlo / p27ox? kl/ofhgf 5gf6 k\$fd f pIny e0{s\$ f 5g\ . oxfTn
ofhgf sf/x?nf0{ofhgf thdfsf lj :t[cfj Zostsf lj j /Ofx? lb0Psf 5gW

- 1= kl/Ofddvl p27o / nfeiflj t ju{M
s]s:tf lgbf6 kl/Ofddvl p27ok|t kl/ofhgf nllft 5 / To; af6 sf] sf] nfeiflj t
xg5g<
- 2= ; r's / ; To fkg ug]cfwf/ M
kl/ofhgf n]p27o kllkt u/]gu/\$f]xg]{s:tf ; r'sx? kofl u/g\$ <
- 3= lqmf snfkx? M
kl/ofhgf n]kl/Ofddvl p27o kllktsf nflu s]s:tf lqmf snfkx? ; ~rfng ug] ; ~rfngsf]
lhDj]f/l s:n]ng]/ slxn]ug]<
- 4= jh0sf]tof/L M
kl/ofhgf df slt vr{nflg]<
- 5= sfoflnsf lgdf0f M
kl/ofhgf n]thdf ul/Psf lqmf snfkx? slxn]; ~rfng ug]<
- 6= cgludg M
kl/ofhgf n]s; /l sfo{ Dkfbg / kl/Ofdsf]cgludg ug]<

; Gbe{; fdul; ; Wof !! M ofhgf thof tlnsf]pbfX/Of (Examples of Project Planning Matrix)

kl/ofhgf]gfd M; dlj sf; ; ft; ; yfsf] lfdtf lj sf;
 kl/ofhgf]nlo M-bl3\$fnlg_
 gkfnsf ^ lhNnf?df; dlj sf; ; DaGwl blftf / ;]fsf]:t/df; wf/ ug]

p2]ox?		kdfOf		sfOf]efhg		j hΦ	
kl/Ofddvl p2]o	lqmf]snfk af6 nfe]lj t xg]?	; r'sx?	; Toflkt ug]cfwf/	lqmf]snfkx?	lhDd]f/L ; dofj lw		
:yfglo ; yfx?nf0{ ; dlj sf; ; DaGwl tflnd lbg, lhNnf :t/lo !@ j 6f u}; x?sf] lfdtf clej [4 ug]	; xeful ; yfx?	; kmrtf] \$ tflnd k/f ug]; xeful ; Wof	Tf]n]dsf] cGtdf ul/g] dNof\$g tflnd kl]tj Dg kl]z]fsx? ; # cGtj fff	; dlj sf; ; Dj Gwdf !@ j 6f tflnd tof/L / ; #fng	kl]z]fsx?	klxnf]j if{	? %),)))
!@ j 6f u}; x?sf] :yfglo ; yfx?nf0{ k]f]g ug] ; dlj sf; tflndsf] lqmf]snfkdf j [4	:yfglo ; yfx?	!@ j 6f u}; x?n] k]f]g u/\$f tflnd; Wof tflndsf ; xeful ; yfsf] ; Wof tflnd k]kt dlxnf / k?ifsf] ; Wof	u}; sf] tflnd kl]tj Dg	k]o\$ u}; x?nf0{ :yfglo ; yfx?sf nflu tlgj 6f tflndsf] cf]of]hgf ug]; xof]u ug]	5f]f] cj lwsf] nflu kl/of]hgfn] lgoQm u/\$f ; Nnfxsf/	klxnf]j if{	? !),)))

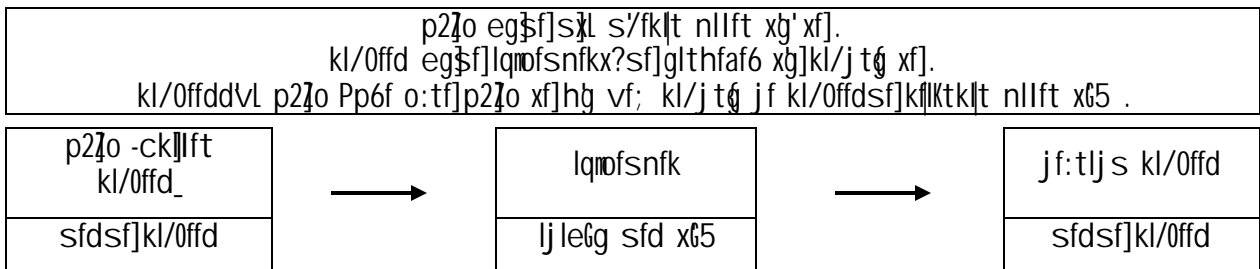
gfb M dfly lb0Psf p2]ox? pbfX/Of dfq xg\ kl/ofhgf]sf p2]ox?sf]lj :t] ?kdf ol 5gg\

; Gbe{; fdull ; Wof !@ M kl/Ofddvl p27ox? (Result-Based Objectives)

kl/Ofddvl p27osf]kl/efiff

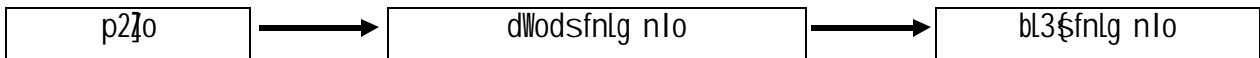
ap27oE zJbnf0{ljl eGg tl/sfn]kpf] ug{; lS65 . xfdln]JoJ :yfkSX?, sfoff] ogstf{?, klzlfSX? / ofhgfsf/x?n]sfo{ ~rfng p27o (Operational objectives), kl/ofhgfsf] p27o (Project objectives), lgbZgfdS p27o (Instructional objectives), sfo{ Dkfbg p27o (Performance objectives), lj sf; p27o (Development objectives), l; sf0sf] p27o (Learning objectives), bl3sfnlG p27o (Long-term objectives) / clksfnlg p27o (Short-term objectives) cflb j f/df s'f ug[u/sf]; gsf 5f; kfo u/L, ; fdfGo cydf, p27o zJbn] asXl nilft s'fE eGg]cy{hgfp65 . t/ ljleG nilft s'fx?df 7hf] leGftf klg xg ; Sb5 .

kl/Ofddvl p27o sg}lgbf6 kl/Ofdk]tsf]nilft p27o xf]. kl/Ofddvl p27o eGg' / ck]lft kl/Ofdd eGg'p:t}p:t}xf].



p27o / nlo jlrSf]; Dj Gw

oBlk p27o / nlo nf0{slxn\$fxl Pscsf\$]:yfgdf kpf] ug[u]l/G5, t/klg, kfoMnloX? bl3sfnlG / lj: t[xG5g\eg]p27ox?df t]tsfnlg / lgbf6 xg]ub5g\ kfo ljleG p27ox? Pp6}nlf k]lkttkn[pGdv xG5g\ pbfX/Of M



!_ :jf:Yo
sfo\$tf{?sf]1fg
/ ; lkdf ; wf/ u/L
clWofj lWS (Update)
j gf0G].

@_ :jf:Yo s]b\$]f]
k'tsfnonf0{ofG
/ khgg :jf:Yo
lfGdf ; wf/ ug].

#_ :jf:Yo s]b\$]f]
; jf k?if, lszf]
lszf]l / ; GtfG
hGdfpg]pd] kf/
u/sf dlXnf?df
k/dfpG].

; dbfosf ; j]df]lg; x?nf0{ pRr
:tl/o ofG / khgg :jf:Yo ; jf
k]bfg ug]:jf:Yo s]b\$]f]lj sf; ug].

; dbfosf ; DkOf{dlXnf /
k?ifX?sf]ofG / khgg
:jf:Yodf ; wf/ ug].

lglb6

lglb6 efiffsf]kofu ugI. kl/ofhgfsf d2fx?, nllft ; dx, sfoffj og xg]; dofj lw, sfoffj og xg]:yfg
cflb :ki6 ; u plny ug{kb5 .

dfkg oflo

s]/ slt kl/j t6 ul/g]xf]:ki6 xg' kb5 . p27o ckm]s; /l ckllft kl/j t6x?nf0{ny/fhfyf ugI]f
dfkg ugIeg] j of6 ug{kb5 . of]sfd ; 'sx?sf]xf]/ o:nf0{cfudl ; Gbe{; fduldf plny ul/Psf]5.

kllt ug{; lsg]

kl/ofhgfn]; #fng ug{nfuf lqofsnfkx?n] pknJw ; ft, ; fwg / ; dofj lw leq, cfsf/ / lf]sf]
kl/lwdf s]slt kllt ug{; ls65 e6g]j f/]oyfydf cfwf/t xg' kb5 .

jf:tljs / kl/Offddvl

p27ox? lj:tft nlo; u hfl]Psf] jf ; fble6 xg' kb5 . p27ox? nlof klg] cfwf/zlnf jf
v8lsnf? xg'e6g]lj ; g'xb6 .

; doj 4

lqofsnfkx? ; #fng ugI; do tlnsf tyf ckllft kl/j t6sf nflu nllg]; do j f/df :ki6 xg' kb5 .

p27ox? ckllft kl/Offd; u ; Dal6wt xg' kb5, kl/ofhgfsf s6fsnfkx? jf k\$6fx? ; u x6 .
pbfx/0fsf]nflu Pp6f u}; n]j Rrf h6dgk] \$f]kffof ; r]gf sfo6m]sf]ofhgf thdf u/\$f]5 M
p27o M æue] tl dlxfx?sf]vfgkfgdf ; wf/ u/l lzzx?sf]:j f:Yodf ; wf/ ugI
s6fsnfk M gofFcdfx?nf0{kflifnf]vfgf ; Da6wl hfgsf/Lx? k6fg ugI.
s6fsnfk / kl/Offd jlr cNdlng' x6 . dflysf]pbfx/0fdf, hfgsf/Lx? k6fg ug{Pp6f lqofsnfk
xf]h; n]p27o kllt ug{] n k'6fp65 .

c; n p27osf]9fFf

lj le6g bft[; #yfx? / ; #yfx?n]kl/ofhgfsf p27ox? nyl kZ ug6f nflu j]nfj]n]9fFfx?sf]kofu
ub5g\ . sxl bft[; #yfx?n] p27o z]bsf] j bnfdf ckllft kl/Offd nlg yfn6f 5g\ . tn lb0Psf]
tflnsdf /fd]p27osf]lj sf; ugI]Pp6f lj lw lb0Psf]5 . of]lj lw kofudf Noipg]ofhgfsf/x?n]rf/j 6f
lj ifox? klxrfg ugIub5gM

s_ sNkgf ul/Psf kl/j t6sf nfeffj t j ux?

v_ sNkgf ul/Psf vf; kl/j t6x?

u_ nfeffj t xg]; Wof

3_ kl/j t6sf nflu nllg]; do

ol hfgsf/Lx?nf0{tnsf]tflnsdf 9fnl p27osf]j of6 ug{; ls65 M

kl/j t6af6 nfeffj t xg] j u6f]klxrfg	kl/j t6sf]lsl; d j f p]kfbgsf]klxrfg	kl/j t6sf]dfqf	; dofj lw
lhNnfsf dlxfx?	Dfft[j ;]f; u ; Dal6wt gofF1fg / ; lkx? lbg]	!) hgf dlxf	tlg dlxf leq
lhNnfsf u/lj j fnj flnsf	lj Bfno egf6/df j [4 ugI	@)Us6lx? / @)Us6fx?sf]; Wofdf j [4	hgj /L dlxfsf]c6to ; Dddf
u}; x?	n]us ; Dj hgZln cfly6 koffnl ; b9 ugI	Pp6f gofFk0ffnl]lj sf;	j if6f]c6to ; Dddf
; /sf/L d-qfno	gofF/ ; b9 n]us ; Dj hgZln ofhgf thdfsf ; lkx? lbg]	d-qfnosf %dlxf / %k?if u/L !) hgf sdcf/Lx?	@))# sf]lb; Dj / c6to ; Dddf

UffdlOf :t/sf lj Bfnof?	Kff7a k':tsx?sf]cfkl'tdf j [4 ugI	!) j 6f lj Bfnof? k[osdf @)) j 6f gofF n]us ; Dj hgzln tyf sdf / sdl bj sf]nflu pkoQm kf7a k':tsx?	@))# sf]; [6lj / cGto ; Dddf
; dbfosf dlxf / k?if	dlxf?dfly xg]lx;+fsf 36g]x?df sdl Nofp[%)% sdl ugI	j if{el/df

Dffly pNn]vt j Bfx?nf0{p2]osf]j ofgd f?kft/ ug{; ls65, h:t}M

- lhNnfsf !%) dlxf?n] tlq dlxf leq Dfft] ; j; u ; DalGwt gofF1fg / ; lkx? kft ug5g\
- hgj /L dlxfsf] cGto ; Dddf, lhNnfsf u/lj s]fs]lx? d]lb] @)Üs]lx? / @)Üs]fx?sf] lj Bfno egf{b/df j [4 ul/g5 .
- vf; u}; x?df, j ifsf] cGto ; Dddf, ; b] n]us ; Dj hgzln cfly\$ k]ffnlsf] lj sf; e0{ sf]og ePsf]xg5 .
- ; /sf/L d-qfnosf, % dlxf / % k?if u/L !) hgf sd(f/lx?n] ; g\@))# sf]lb; Dj / dlxfsf] cGto ; Dddf, gofF / ; b] n]us ; Dj hgzln ofhgf thdf ; DaGwl ; lk kft ug5g\
- !) j 6f lj Bfnof? k[osdf @)) j 6f gofF]n]us ; Dj hgzln tyf sdf / sdl bj sf]nflu pkoQm kf7a k':tsx? pkn]w xg5g\
- ; dbfosf dlxf / k?ifx?n]j if{el/df dlxf?dfly xg]lx;+fsf 36g]x?df %)Ün]sdl cfPsf] cg]j ug5g\

p2]ox?sf]n]y/fh]yf ugI?h' tflnsf (Checklist)

- s]of]n]us ; Dj hgzln 5 <
- s]of]lglb[6 5 <
h:t}M kl/ofh]gfsf d2fx?, nllft/nfelf]j t ; dx, sf]og xg]; dofj lw / :yfg cflb :ki6 ; u pNn]y ePsf]5 ls 5g .
- s]of]dfkg ug{; lsg]5 <
h:t}Ms]/ slt kl/j t]g ul/g]j f/df :ki6 5 ls 5g .
- s]of]kft ug{; lsg]5 <
h:t}M pkn]w ; f], ; fwg / ; dosf]kl/wl leq kl/ofh]gn]j f:t]j s kl/offd kft ug{; lsg]5 ls 5g .
- s]of]; du|nlo; u ; f]ble\$÷j f:t]j s / kl/offddvl 5 <
p2]ox? lj :t] / bl3\$fnlg nlodf kl]g]cfwf/zlnf÷v8]nsfx? xg\eg]lj ; g' xbg .
- s]; dosf]9fFf :ki6 5 <

; Gbe{; fdull ; Wof !# M ; P'sx? (Indicators)

ckllft kl/Ofdd/ p27o kllktsf]lbzdf ePsf]kultsf]n]fhf]f ug]j f dfkg ug]sfddf kof] ul/g] hfgsf/L]; P's xf].
; P's glthf kllt u/]sf]Pp6f kof]of xf].

lgwff/t nlo / p27o kllktdf ePsf]kult dNof]g ug]; P'gf jf tVof\$ g]; P's xf]. ; P'sx? ; Wof]ds of uoff]ds x65g\ . Wof]ds ; P'sx?n]dfqf lgwff]of ug] / ol tVof\$df cfwfl/t x65g\ . uoff]ds ; P'sx? cj n]f\$g (Observation), /fo (Judgement) / b]6Sf]f (Perception) df cfwfl/t x65g\
; P'sx? cfk]df p27o x6g\efg]s/fnf0{lj ; g' x6g . Itgx? p27o kllktsf]qmdf e]bg]cfwfl/ Ir6x (Bench-Mark) x6g\
; P'sx?sf]lj sf; ubf{of]hgfsf/x?n]lgDg kZgx?dfly Wofg lbg' kb5 M

- p27o kllktsf]lbzdf xfdl]kult u/]gu/]sf]s; /l yxf k]pg]k
- ckllft kl/j t6 ug]lbzdf xfdl]slt kult u/]f 5f]eg] x6{s:tf ; P'gf? kof] ul/g] ; fdf]otof; ; P'sx? ts{ut (Valid), lj Zj ; glo (Reliable), ; fwf/Of / wf]g ; lsg] (Simple and Affordable) x6kb5 .
- s] p27osf]kult dfkg ug]; P'sx? jf:tljs / ts{ut 5g\< s]o; n]rfx]h:tf]dfkg ug{ ; lfd 5 < pbfx/Ofsf]nflu olb !) b]v !@ jif{j]lrsf j]fnsfx?sf]lj Bfno egf{; Wofdf j]4 ug]p27o xf]eg]o; sf]dfkg lj Bfnodf lglZrt ; dodf egf{ePsf 5fqf?sf]; Wof af6 ug{ ; l65 . olb csf]t/ 5fqf?sf]k]f]f ; Da6wl 1fgdf clej]4 ug]p27o /x\$]5 eg]lj Bfnodf egf{ePsf 5fqf?sf]; Wof o; sf]dfkg ug]j f:tljs ; P's xg ; Sb5 . k]f]f ; Da6wl slfddf ; kmntf]s; xeful xg]5fqf?sf]; Wof j9l ts{ut ; P's xg ; Sb5 .
- s] ; P'sx? lj Zj ; glo 5g\j f olgn] ; dosf] c6t/fndf ul/g] dfkgdf Ps?ktf sfod ug{ ; Sb5g\< pbfx/Ofsf]nflu olb ; yf]sf k?if ; b:ox?sf]wf/Of dlxnf ; b:ox?sf]eldsf jf/] kl/j t6 ug]p27o eP Pp6f dfkg k?ifx?sf wf/Ofdf kl/j t6 eP gePsf]; fw] ug{; l65 . o:tf]cj :ydf ; P's-.cf]gf]wf/Ofdf kl/j t6 ePsf]gePsf]kZgsf]pglx?sf]hj fkm] xg ; Sb5 . t/, of]; P's lj Zj ; glo gxg ; Sb5, lsg]s o:tf kZgsf]hj fkmf0{w]}s/fn]k6fj kfl//x\$] x65 . sg}vf; ; dodf df65\$]cgel't (Feeling), ; ydf e0/x\$]sfd s/fx?, p:n]efg rfx\$] s/f / kZgstf / p:sf] j]lrsf] ; Da6wdf klg of] lge /x65 . o; sf]e/kbf]; P's eg]dlxnf kl]t p; sf]Jojxf/df kl/j t6 eP gePsf]x]] ug{; l65 . pbfx/Ofsf nflu dlxnf; u s/f ubf{jf pglx?sf lj ifodf s/f ug{p:n]b]f]pg]cfb/efj / pglx?sf]; Nnfx / ; xof] kllt ug]gug]x]] o; sf]dNof]g ug{; l65 .
- s]; P'sx? ; fwf/Of / wf]g ; lsg]5g < o; sf nflu cfj Zos ; P'gf ; lhn}; u* ug{/ lj Zn]f]of ug{; lsg]xg' kb5 . hl6n ; P'sx? hlt; 5}pQd eP klg vlr]f / j9l ; do lng]x6f pkoQm x6g\ . o:tf ; P's ; fg ; yfx?sf nflu emg}Jojxf]l/s x6g\ . ; P'sx?sf] 5gf6 ubf{ ; P'sx?sf]tVof\$; sngdf kof] ul/g]lj lw dx]j kOf(x65g\
; P'ssf pbfx/Ofx?

kl/Ofdd\l p27o	; Deflj t ; P'sx?
lgOff6s txdf dlxnf ; b:ox?sf]; Wof j if\$]c6]o ; Dddf !%Un]j]4 ug]	j if\$]z? / c6]tdf sfo{; ldltdf /x\$] dlxnf / k?ifx?sf]; Wof / kl]tzt .
kl/of]hgfsf]; dofj lw leq &)) dlxnf?sf] pwdzlnf ; lkdf j]4 ug]	<ul style="list-style-type: none"> ▪ kl/of]hgaf/f ; #lnt ^ xkt]pwdzlnf tfInd ; kmntf] \$ kllt ug]dlxnf?sf]; Wof, ▪ pwdzlnf tfInd kZrft Jofk/ Joj zfodf ; mlg dlxnf?sf]; Wof,

	<ul style="list-style-type: none"> ▪ tflndegbf clu / tflndsf]! j if{kl5 tflndkkt dlnxnsf]cfdbfglsf]:t/,
<p>kl/ofhgfssf]; dofj lw leq nllft lfd, lbuf]cfly\$ lqmfnsnfkx?df @% kltztn]j [4 ug]</p>	<ul style="list-style-type: none"> ▪ j if\$]z? / j if\$]cGto; Dd df lbuf]cfly\$ lqmfnsnfkx?df ; #lg ePsf dlnxnsf]; Wof ▪ j if\$]z?df / j if\$]cGt; Dddf dlnxf?n] ; #fng u/\$f cfly\$ lqmfnsnfkx?sf]; Wof / cj lw .
<p>kl/ofhgfssf]cGto; Dd df, dlnxf?nf0{ j Rrf hGdg' k] \$f]kf]f0f lz lff kbfug ug{/ ; Nnfx ;]fsf]cgz/Of ug{b0]6f ; xof]ul 0\$fof?sf] lfdtdf clej [4 ug]</p>	<ul style="list-style-type: none"> ▪ j if\$]z? / j if\$]cGto; Dd df, ; xof]ul 0\$fof, j Rrf hGdgk] \$f]kf]f0f lz lff kbfug ug] / ; Nnfx ;]fsf]cgz/Of ug]hfgsf/L / ; lk ; lxtsf sd{f/l\$]; Wof / kltzt . ▪ j if\$]z? / j if\$]cGto; Dd df ; xof]ul 0\$fof6 cfj Zos ; Nnfx / ;]fkkt ug] dlnxf?sf]; Wof / kltzt . • ; xof]ul 0\$fof6 cfj Zos ; Nnfx / ;]f kkt u/L ; Gt]f JoSt ug]dlnxf?sf]; Wof / kltzt .

; 'sx?sf]ny/fhfyf ug]?h' tflnsf (Checklist)

- s]of]n]us ; Dj hgzln 5 <
- s]of]j]f:tljs / ts{ut 5 < h:t}M]s]o; n]rxf]h:t]dfkg ug{/ lfd 5 <
- s]; 'sx? lj Zj ; glo 5g\ h:t}M olgn]; dosf]cGt/ndf ul/g]dfkgdf Ps?ktf sfod ug{/ ; Sb5g\
- s]; 'sx? ; fdf6o 5g\ h:t}M o; sf nflu cfj Zos ; 'gf ; lhn}; \$nof ug{/ lj Zn]f0f ug{/ ; lsg]5g\
- s]; 'sx? wffg ; lsg]5g\ h:t}M ; #yfsf] lfdtn]wffg ; Sg]u/L cfj Zos ; 'gxf? ; \$ng / lj Zn]f0f ug{/ ; lsg]5g\

; Gbe{; fdull ; Wof !\$ M lqofsnfk thdf

kl/ofhgf sf lqofsnfkx?sf]thdf ubf{lj leig 9fFfx? kofu ug{; lsg5 . kfoMo:tf 9fFfdf kl/0ffddvl p27ox?, p27ox?sf]kult dNofsg ug{kofu ul/g]; r'sx?, p27o kllKtsf nflu ; ~rfng ul/g]dVo lqofsnfkx?, o; sf ; xfos lqofsnfkx?, lhDd]f/L, nllg] cgdflgt lbgx? tyf o; sf ptkfbgx? ; dfj z ul/G5g\ sxl 9fFfx?df cfj Zos ; f] / lqofsnfkxsf]cgdflgt nfut kl; dfj z ul/G5 .

lqofsnfk ofhgf thdfsf]pbf/Of M

lqofsnfk ofhgf			
kl/0ffddvl p27o M :yfglo txsf] ofhgf thdf / lgOf k\$dfdf dlxnf?sf]kfej sf/L ; xeflutdf j [4 ug].			
kultsf]; r'sx? M ! :yfglo ofhgf thdf / lgOf k\$dfdf ; mlg dlxnsf]; Wof . @ dlxnf ofhgf/x? / lgOfstf?sf]pkl:ylt / ; xeflutfsf]:t/ . # ofhgf thdf / lgOf k\$dfdf dlxnf?sf]kfej sf/tf j f/df dlxnf / k?if ofhgf/x?sf]wf/0ff .			
dVo lqofsnfk M -lqofsnfk ; dX :yfglo :t/df ofhgf thdf / lgOfk\$dfdf dlxnf?sf]; xeflutf j [4 ug{ :yfglo ; /sf/L lgsfo; # ldn] sfd ug]; dlj sf; ; ldltx?sf]:yfgf / ; xofu ug].			
; xfos lqofsnfkx?	lhDd]f/L	nllg] cgdflgt lbg	ptkfbgx?
!_ cfwf/e't clwog (Baseline study) / n]us lj Zn]fOf	cg; Gwfg clwsf =cgludgstf{	!	cfwf/e't hfgsf/Lx?=-dlxnf / k?if ; DaGw tYofsx?=-:yfglo ofhgf thdf / lgOf k\$dfsf]lj Zn]fOf
@_ :yfglo ; /sf/L lgsfox?; # ; Ghfn :yfgf ug]; ; ldl u7g k\$dfsf]/0fglltdf ; xdl sfod ug].	sfo\$df Joj :yfs	%	; ldl u7g ug]/0fglt
#_ :yfglo ; /sf/L lgsfo, u}; x? / cfo ; fdbflos ; :yfx?; # ldn] ; etm ; ldl u7g ug]/ o; sf] sfo{lj j /of, ; Argf, ; b:otf, sfof]hgf to ug].	sfo\$df Joj :yfs	#	lnlvt sfo{lj j /of tof/L / ; ldl u7g .
\$_ ; ldltnf0{Joj xfl/s /0fgllt tof/ ug{ / dlxnsf] ; mlgtf j 9fpg]lj lwsf] lj sf; df ; xofu ug]	clksfng kllj lws ; Nnfxsf/ ; ldltdf >}tf /Vg] sfl/Gbf	@^	/0fgllt / lj lwx?sf]kofu
		%)	; ldltsf klltj dg / b:tfj hx?
%_ ; xeflutf j [4sf nflu cgludg lqofsnfkdf lj :tf/ ug]	cg; Gwfg clwsf =cgludgstf{	%	kult klltj dg, ; ldl / sfo\$df Joj :yfsnf0{k[7kf]fOf
^_ cfj Zostfg; f/ /0fgllt / ofhgf?nf0{; dfofhg (Adjust) ug]	sfo\$df Joj :yfs	#	gofF/0fgllt / sfof]hgf?
cfj Zos ; f] M sd{f/l vr{- sfo\$df Joj :yfs, cg; Gwfgstf{ clksfng kllj lws ; Nnfxsf/, >}tf /Vg]sfl/Gbf cflb_, :yfglo ; /sf/L lgsfosf clwsf/Lx? / ; ldltsf ; b:ox?n]lbg]; dosf]ofubfg, j }ssf vr{x? . cgdflgt j hO M-; Gbe{; fdull ; Wof !% / ; xfos lqofsnfk ; Wof \$.% xg] ? !,%,))			

; Gbe{; fdull ; Wof !% M j hð thdf

kfOMlj leG ; 3 ; :yfx?sf leGb leGb)j hð agfpg]/ n\yf /fVg]kl/kf6L xG5g\ ; fw/Oftof vr{f0{tlg juðf lj efhg ug{; lsG5 M sdff/L ; DaGwl vr{ edOf vr{/ cG0 vr{? . slxn\$fl sfofno ; #fng vr{(Overhead) nf0{klg rfyf]juðf /fVg ; lsG5 .

!_ sdff/L ; DaGwl vr{? M

kðV cg; Gwfgstf{ kl/ofhgf lgbZs, ; x-cg; Gwfgstf{ j l/i7 jf kZ]/ sdff/Lx?, ; ofhs, Joj:yfks, klZlfs, ; Nnfxsf/, ; xfosx?, klljwsx? / ; lrj cflbsf]tnj, eQf, zNs, Hofnf, dXgtfgf (Honorarium) .

@_ edOf vr{? M

oftfoft vr{nh ef8f, vfgf, sfoZfnf jf ; Dalhg bt{ zNs, lknM8sf]sdfs]vr{cflb .

#_ cG0 vr{? M

sfofnof0{rflxg]; fdfg vl/b, cflhf/, krfðfksl, ; -rf/ vr{ kðflzfnf zNxs?, sfofno vr{?, kz'vl/b / :ofxf/, sDkoð/sf ; fdfg, 5kf0{/ kltnlk ugI zlfS / lgbZgffds ; fdullx?, >JobZo ; fdull, lrq, krfðf] k'tsfno ; DaGwl vr{ tYofs ; sng, pks/Of dd{ ; Dxf/, k\$zfg / lj 1fkg zNs, ðlnkrfð, ^ofS, ; xhfs dx; h, ; fdfg koflsu ugI vr{ ; Gbe{lstfj x?, kqklqsf vr{?, ef8f zNs -cflhf/ / j}S sf]fsf]zNs_, 7fð ; fg]sfd, kfglhxfhaf6 ; fdfg k7fpg]sfd, klZlf0f, k/Llf0f / vfhf jf vfgf vr{.

sfoGnd Joj:yfkg vr{/ sfoGnd vr{? M

; :yfx? / bft[:yfx?n] sfoGnd vr{/ sfoGnd Joj:yfkg vr{jlR leGtf /fVg cfjZos 5 . Joj:yfkg vr{kl/ofhgf]nfesf]thgf cflR tokOf{xg'kb5 .

!_ sfoGnd Joj:yfkg vr{M

; :yfn] ol vr{?, ofhgf thdf, sfoGnd sfof]ogsf] Joj:yfkg / kl/ofhgf] cgludgdf ugI ub5g\ Joj:yfkg vr,{dfly pNn]vt sdff/L ; DaGwl vr{?, edOf vr{?, cG0 vr{? / sfofno ; #fng vr{f]juðf g]/flvg]ub5 .

@_ sfoGnd vr{M

ol vr{? pkefQmf / neflGj t juñf0{; fðm]kðfg ul/g]; Jf / pglx?n]kkt ugI nfe; u ; DalGwt xG5g\ o:df lGðgfg; f/sf vr{? ; dfj Z ul/Psf xG5gM

▪ sdff/L ; DaGwl M

; :yfsf sdff/Lx?, ; Nnfxsf/ jf cG0 ; :yfx?dfknt pkefQmf jf neflGj t juñf0{; fðm] kðfg ul/g]; Jf]fkt ul/g]vr{. pbfx/Ofsf nflu tfnd, zlfS sfo\$ðx?, klljws ; xofl, ;jf:Yo ; Jf cflb .

▪ pkefQmf?nf0{eQf M

pbfx/Ofsf nflu tfnd eQf, zNs jf dXgtfgf cflb .

▪ edOf vr{? M

; Jf pknJw u/fpG]qmddf u/\$f]edOf jf pkefQmf?sf]edOf; u ; DalGwt vr{.

▪ cG0 vr{? M

▪ tfnd ; fdullx?, sfoZfnf ufll7sf vr{?, pkefQmf?sf nflu pks/Of / cG0 ; fdfg vl/b .

cfGtl/s sfll / j:tut oflufg

slxn\$fl bft[:yfn] :yfglo ; :yfx?n]JoxfG]/ cfjZos jfxo ; xofl]sf] 5\$ 5\$]lj j/Of dfu ugI ub5g\ pglx? ; :yfn]; Sg]/ bft[:yfx?n]ugI oflufbfgsf] cfjZos j hðsf]j ul\$/Of ug{nufp5g\ sltko cj:yfdf, ; :yfn]gub}/ sg}j hf cfknf]; dosf]cyj f cG0 dxlj kOf{; flx?sf] oflufbfg klg ug{ ; Sb5g\

jhg thdfsf]9fFfsf]pbfx/Of

lqmofsnfk ; dX	sd{f/l	klt 0\$fo{vr{	0\$fo{ ; Wof	hdDf /sd
!_ lqmofsnfk ; Wof ! pbfx/Of M :yfglo :t/df ofhgf thdf / lgofo k\$ofdf dlxfx?sf] ; xeflutf j [4 ug{ :yfglo ; /sf/l lgsfo; u ldn] sfduG]; dlj sf; ; ldtx?sf]:yfkGf / ; xofu ug].	sd{f/l vr{	?		?
	!_ sfoqmd Joj :yfs	@,)))	!!	@,)))
	@_ cg; Gwfg clwst	!,%)	@	#,)))
	#_ cNksfnlg ; Nnfxsf/	!,%)	@^	#(,)))
	\$_ >]tf /fVg]sfl/Gbf	%,))	%)	@%,)))
	lqmofsnfk ; Wof ! sf]sd{f/l ; DaGwl vr{			!!^,)))
	edof vr{			
	!_ edof	@))	!)	@,)))
	@_ nh ef8f)	
	#_ ofqf ubf\$]vfgf vr{	@))	!)	@,)))
	lqmofsnfk ; Wof ! sf]edof ; DaGwl vr{			\$(,)))
	cGo vr\$]			
	j]s vr{?	%,)))	%	@%,)))
; fdG			#,)))	
; ~rf/			#,)))	
cGo				
lqmofsnfk ; Wof ! sf]cGo vr{			#!,)))	
lqmofsnfk ; Wof ! sf]sh vr{			!%,,)))	
lqmofsnfk ; Wof @	Dffly pNny eP cg; f/ lqmofsnfk ; Wof @ sf]sh vr{			
lqmofsnfk ; Wof #	Dffly pNny eP cg; f/ lqmofsnfk ; Wof # sf]sh vr{			
lqmofsnfk ; Wof \$	Dffly pNny eP cg; f/ lqmofsnfk ; Wof \$ sf]sh vr{			
sfoqmd vr{	lqmofsnfk ; Wof ! b]v \$; Ddsf] sh vr{			
sfoqmd Joj:yfkG vr{	sfoqmd vr\$]—kl]tztN]			
kl/ofhgf vr{	sfoqmd vr{/ sfoqmd Joj:yfkG vr\$]ofu]			

; Gbe{; fdull ; Wof !^ M sfo{tflnsf (Schedule Of Work)

pbfx/of M

kl/ofhgsf]gfd M		ofhgf thdf / lgofo k\$ofdf dlxf k?if ; dlj sf;														
sfofj og ug]lgsfo M		u}; gkfn														
; dofj lw -j if{ M		j zfv blv r@)^) ; Dd														
ckllft kl/Offd	dVo / ; xfos lqmfnsfkn?	lhDd]f/ JolQm	j}	h]	cf	>f	ef	cf	sf	d+	k'	df	krf	r}	hDdf	s]knot
:yfglo txsf] ofhgf thdf / lgofo k\$ofdf dlxf?sf] j l9 k\$ofdf ; xeflutdf j l4	dVo M:yfglo ofhgf thdf / lgofo k\$ofdf dlxf?sf] j l9 ; xeflutdf u/fpg] sfddf :yfglo ; /sf/l lgsfo; u ldn] sfdug] ; dlj sf; ; ldtx?sf]:ykgf u/l ; xofu ug].	cg'; Gwfg clws[- cgludgstf{														
!_ cfwf/et hfgsf/lx?sf] cWbog ; -rfng / n]us lj Zn]of ug]		sfo\$ Joj:yfks	!												!%	
@_ :yfglo ; /sf/l lgsfox?; u ; Ghfn :ykgf u/l ; ldt u7g k\$ofsf /ofglltdf ; xdl sfod ug].		sfo\$ Joj:yfks		#										@	%	
#_ :yfglo ; /sf/l lgsfo, u} ; x? / cGo ; fdbflos ; :yfx?; u ; eQm ; ldt u7g ug]- -sfo]j /of, ; Argf / ; b:otf, sfoofhgf_		sfo\$ Joj:yfks			#										#	
\$_ dlxf?sf] ; m]gtf j 9fpg Joj xfl/s /ofgllt / lj lwsf]lj sf; df 6]f lbQ{; xofu ug]		cNksfng kflj lws ; Nnsf/ ; ldttdf >}tf /Vg] sfl/Gbf				!)	@	@	@	@	@	@	@	@	@^	
%_ ; xeflutdf] j l4sf nflu cgludg lj :tf/ ug]		cg'; Gwfg clws[- cgludgstf{				!)	%	%	%	%	%	%	%	%	%)	
^_ cfj Zostf cg'; f/ /ofgllt / ofhgf? ; dofjhg (Adjust) ug]		sfo\$ Joj:yfks												#	#	

; Gbe{; fdull ; Wof !& M cgludg ofhgf (Monitoring Plan)

lqofsnfk / ckllft kl/Ofdx?	; R'sx?	; R'gfsf]; f{	; R'gf ; sng ugI lj lw	lhDd]f/L	tYofs ; sng ugI ; do
lqofsnfk M :yfglo :t/df ofhgf thdf / lgOf6 k\$6fdf dlxnfx?sf] ; xeflutf j [4 ug{ :yfglo ; /sf/L lgsfo; u ldn] sfdugI ; dlj sf; ; ldltx?sf] :yfkgf / ; xofu ugI ckllft kl/Ofd M :yfglo txsf] ofhgf thdf / lgOf6 k\$6fdf dlxnfx?sf] k6fj sf/L ; xeflutdf j [4	!. :yfglo ofhgf thdf / lgOf6 k\$6fdf ; Mlg dlxnfx?sf]; Wof	ofhgf thdf ; ldl t / lgOf6 ugI lgsfosf] ; b:otf ; Rl	ofhgf thdf / lgOf6 ugI lgsfox?sf]edof u/L clenyx?sf] ; ldlff ugI	cg'; Gwfg clws{=cgludg stf{	ebf}/ r6 (^)
	@. dlxnf ofhgfsf/ / lgOf6stf{?sf] pk:l ylt / ; xeflutfsf]:t/	j 7ssf]lgOf6 / sfo]j /Ofsf] clenyx? dlxnf / k?if lgOf6stf{?sf] kz+fkqx?	ofhgf thdf / lgOf6 ugI lgsfox?sf]edof u/L clenyx?sf] ; ldlff ugI sxl rlgPsf dlxnf / k?if ofhgfsf/x? ; u c6t]ftf{	cg'; Gwfg clws{=cgludg stf{	ebf}/ r6 (^)
	#. ofhgf thdf / lgOf6 k\$6fdf dlxnfx?sf] k6fj sf/tf j f/df dlxnf / k?if ofhgfsf/x?sf] wf/Off	dlxnf / k?if lgOf6stf{?sf] kz+fkqx?	sxl rlgPsf dlxnf / k?if ofhgfsf/x? ; u c6t]ftf{	cg'; Gwfg clws{=cgludg stf{	ebf}/ r6 (^)

; Gbe{; fdull ; Vof !* M n)us ; Dj hgZln ofhgf thdf / sfofj ogsf]dfuZzG
dfuZzGsf pbfx/Ofx?

ofhgfsf]klxrfg -; d:of lj Znifof / ofhgfsf]5gf6

- 1= cj:yf jf ; d:ofsf]klxrfg / lj Znifof ug]sddf dlxf / k?ifx?n]; sptfk] \$ efu lnPsf lyP <
- 2= s]dlxfx? lgOf6 k\$pfdf ; Unlg ePsf lyP <
- 3= s]n)us bl6sf]faf6 l:ylt jf ; d:ofsf]lj Znifof ePsf]lyof]< s]lj Znifofaf6 tn pln]vt jBfx? klxrfg ePsf lyP <
- S_ dlxf, k?if / jfnj flnsfx?sf]eldsf / lhDd]f/L
- v_ pknJw ; ft / ; fwgdflly s; sf]kxF / lgoGOf 5 <
- u_ eldsf, lhDd]f/L / ; ft; fwg dflly kxF / lgoGOf; u ; DalGwt ; fdf]hs / cfly\$ sf/Ofx?
- 3_ kl/ofhgfn]; dfj z ug{ Sg} ug]kgn)us d2fx?
- 4= s]lj Znifofsf]qmdf dlxf / k?if ; DaGwl j [nfj [n]tYofsx? (Gender Disaggregated Data) ; \$ng ul/Psf]lyof]<

ofhgf thdf

- 1= s]ofhgf thdf ubf{dlxf / k?ifn]; sptkdf efu lnPsf lyP <
- 2= s]dlxfx? lgOf6 k\$pfdf ; Unlg lyP <

kl/ofhgfsf]kl?k tof/L

p2]ox?

- 1= s]kl/ofhgfn]lj kGg / lk5l8Psf j ux?nf0{nfe k'afpg vfh\$]5 <
- 2= s]oflj x0/ n)us ; dfgtfsf]klkt kl't nllft 5 <
- 3= s]of]kl/ofhgf /Ofg]ts n)us cfj Zostf kl/kl't{ug]vnsf]5 cyj f Joj xfl/s cfj Zostf kl/kl't{ug]f g}j 9l s]bt 5 < -tflnd >vnf efu ! sf]lgb]zsf ! M dlxf k?if ; dlj sf; ; r]gf xG]

; f'sx?

s]; f'sx? ; dlj sf; sf]cjwf/Off cg?k dlxf / k?ifx?dflly kl/ofhgfsf lj leG kfej x? :ki6 bl]vg] u/L tof/ kfl/Psf 5g\

ofhgf ul/Psf lqomsnfkx? M

- 1= s]eldsf / lhDd]f/L lgwf]Ofdf n)us ; dfgtf 5 <
- 2= s]ofhgfn]dlxfx? lgOf6 k\$pf, sfofj og / cgludgd efu lng]5g\efg]cfzf /fv\$]5 <
- 3= s]; sf/flds lqomsnfk (Affirmative action) thdf ul/Psf]5 <

kl/ofhgfsf]Joj :yfkG / sfofj og

- 1= s]dlxf / k?ifx? bj }kl/ofhgfsf]Joj :yfkG / sfofj ogdf ; nlg ePsf 5g\
- 2= s]kl/ofhgdf nllft ju\$]; spt ; xeflutf 5 <
- 3= lgOf6 k\$pfdf s]dlxf / k?if bj}; sptfk] \$; nlg ePsf 5g\
- 4= s]kl/ofhgf sfofj og l; nl; nfd; ft]dflly dlxf / k?if bj \$]; dfg kx# /x\$]5 <
- 5= s]n)us c; fdgtfnf0{; Gthg ug{; sf/flds lqomsnfksf] (Affirmative Action) thdf ul/Psf]5 <
- 6= s]sfofj t lqomsnfkx? dlxf ; lxt lj kGg ju\$] s]bt 5g\

cgludg / dNofsg M

- 1= s]cgludg dlxfn k?if ; DaGwl j Qnfj Qn}tYofsd fcfwfl/t 5 < s]tl tYofsx? lj Zn}fOf u/l nfeffj t ju{ sfOfj ogstf{/ lgOf stfx? ; dl f k|t't ul/Psf lyP <
- 2= s] cgludg k\$Ofn] dlxfn / k?if, nfeffj t ju{ / ; xefulx?af6 kkt k[7kf]fOf / hfgsf/lx?nf0{uxOf ub5 <
- 3= s]cgludgaf6 kkt hfgsf/Ln]kl/ofhgaf6 dlxfn / k?ifx? s; /l nfeffj t xb5g\eg] byfp5 <
- 4= s]cgludg / dNofsg bndf n]us ; Dj hgzn / ; dlj sf; df blf JolQm ; b:osf] ?kdf ; dfj z 5g<

glthfx? M

- 1= s]dlxfn / k?ifx?n]kl/ofhgaf6 ; dfg ?kdf nfe kfp55g<
- 2= s]kl/ofhgfn]dlxfn?sf]; fdfhs / cfly\$ cj :ydf ; wf/ Nofp] ofubfg ub5 <